



TOWN OF LINCOLN

ARPA Funding Request Form

SUBMISSION ARE DUE BY DECEMBER 9, 2021

DATE: December 9, 2021

1. DEPARTMENT / COMMITTEE:

Submitting Official, title: Abigail Butt, Director Council on Aging & Human Services

Contact Phone: 781-259-8811

Contact Email: butta@lincolntown.org

2. ARPA ITEM / PROJECT REQUESTED: Two additional adult mental health clinics per month.

3. ARPA ELIGIBLE SPENDING CATEGORY: Address Negative Economic Impacts

- a. **All eligible projects must fall under one of the federal categories. If you are unsure of the spending category, town administration will complete.**

4. EXECUTIVE SUMMARY OF THE PROJECT (including how it responds to the effects of the pandemic):

The Lincoln Board of Health (BOH) sponsors the town organized mental health clinics through its contract with Eliot Community Health (the Eliot). When the clinic began more than 2 years ago, annual contract funding was increased from \$5,000 to \$6,000 to support the new clinic. The goal of the BOH contract with the Eliot is to remove financial barriers to accessing mental health service for town resident. The goal of the mental health clinics is the same with the added goal of reducing barriers related to transportation, scheduling, and excessive waitlists.

Pre-pandemic, the Lincoln Woods (LW) mental health clinic ran regularly twice a month and served residents. The clinic was frequently booked, but at times had vacancies. Thus, new clients could still access services in a timely manner and clients needing regular services who were able to, were transferred out of the mental health clinic and into services onsite at the Eliot. During the pandemic, an increase in requests and referrals for mental health services of all ages was seen. Anxiety and depression related to the pandemic coupled with the economic hardship caused by the pandemic created a scenario where more adults needed services but fewer of them were able to afford it or had the means (transportation, ability to take time off work) to access it.

This fall, the LW Mental Health Clinic began running with a frequent waitlist. Adult residents were regularly calling the COA&HS asking for appointments and we were not able to provide because current clients could not be transferred to receive counseling outside of the clinic and were not vacating the clinic on their own for other reasons. The Eliot reached out to the COA&HS and asked to increase the clinic from twice a month to four times a month to accommodate need, which we did beginning the month of November. The clinic is once again running without a regular waitlist and clients are seen in a timely fashion.

It is anticipated that when the adverse economic effects of the pandemic begin to subside, the LW Clinic will be reduced from four back to two weeks a month.

5. POPULATION TO BENEFIT FROM PROJECT:

Adult town residents in need who lack the resources to access mental health care.

6. FISCAL YEAR IMPACT: FY22

- a. Does project affect multiple fiscal years? Yes
- b. If so, please indicate all fiscal years impacted: FY22, FY23, FY24 & FY25

7. DOES REQUESTED PROJECT INVOLVE A THIRD-PARTY? YES

- a. If yes, please provide third party name: Eliot Community Health
- b. Are you able to establish reporting requirements for third-party distributions? Yes.
Quarterly reporting is already required per the Lincoln Board of Health. Additional monthly attendance for the mental health clinics is required by the COA&HS.

8. TOTAL AMOUNT REQUESTED: \$12,000.

Each individual clinic cost \$150. Two additional clinics per month, starting November 2021, are requested.

FY22: 16 additional clinics (November 2021-June 2022) \$2,400

FY23: 26 additional clinics (July 2022-June 2023) \$3,900

FY24: 26 additional clinics (July 2023-June 2024) \$3,900

FY25: 12 additional clinics (July 2024-December 2024) \$1,800

- a. Is the request for a capital item/project or for operations? No
- b. If a capital request, are soft costs included in requested amount above? No
- c. If yes, enter amount of estimated soft costs: n/a
- d. If the request is an operating request, will it result in recurring expenses? no
- e. If yes, please state plans for future funding: n/a

9. ENTER ANY OTHER AVAILABLE FUNDING SOURCES FOR THE PROJECT, INCLUDING AMOUNT:

Possible funding includes grants from CHNA-15, Ogden-Codman Trust, and First Parish Church. Also possible is additional funding from the Board of Health, if it any remains in their annual budget at the end of the year.

10. IS PROJECT TIMELINE ESTIMATED TO BE COMPLETED WITHIN ARPA TIMELINE (December 2024, except for construction projects which have a deadline of December 2026):YES

11. IF NOT FUNDED THROUGH ARPA, WILL PROJECT BE REQUESTED IN FUTURE CAPITAL OR OPERATING REQUESTS: No

QUESTIONS?

Contact Colleen at 781-259-2673 or wilkinsc@lincolntown.org OR Tim at 781-259-2604 or higginst@lincolntown.org

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Please complete a separate form for each request. This form should be completed, saved as a PDF, and submitted to Tim AND Colleen at the above email addresses, with all supporting documentation.