



NEWS FROM BEMIS HALL

Volume 14

April 2023

Number 4

Lincoln Council on Aging & Human Services

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Donate:



LINCOLN ACADEMY

How Community Factors Influence Healthy Aging

Friday, April 14 at 1:00PM

How does our community rate for senior's healthy aging? What protective factors exist in Lincoln for your benefit and where can we improve? Taylor Jansen, MSc, is a PhD research assistant (ABD) with the Healthy Aging Data team at UMass, Boston. Taylor will share data from the *Healthy Aging Reports*.



Piano Concert

Friday, April 14 at 3:00PM



All ages are invited to a piano concert with Abla Shocair and her grandson, Zaineddeen Kawaf. Abla will play selected works by Beethoven and Brahms. Born in Amman and beginning piano lessons at age four, Abla has given many concerts in different venues. This special performance is dedicated to her mother, Bashira Sadeq.

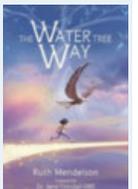


Intergenerational Meet the Author & Ice Cream Party

Friday, April 21 at 1:00PM



Are you thinking about what to do over school vacation with the grandkids? Bring them to this Intergenerational Book Intro, meet the author and enjoy ice cream sundae cups. Ruth Mendelson, author of *The Water Tree Way*, wrote a story that appeals to both young and old. We will meet with the author and show a short video of Jane Goodall, who volunteered to write the preface for this book and encourages readers to check out this special story. RSVP to reserve your FREE, signed copy of this book by calling 781-259-8811. Limited to the first 20 RSVPs. Limit 1 book per household. *Sponsored by LCOA&HS & Friends of the Lincoln Library.*



Ageing In Place: Prep for Success

Friday, April 28 at 1:00PM



Elder Law Attorney, Sasha Golden, and professional Geriatric Care Manager, Joanne Fontaine, will present ways to remain in your home. What estate planning would be important? What does a GCM offer? Most people say, "I want to stay in my home." Listen to experienced professionals share best practices. Take home resources provided.



Coffee & Conversation Jennifer Glass, Select Board

Tuesday, April 25 at 10:30AM



Residents of all ages are invited to join Select Board member, Jennifer Glass, to ask your questions, get the latest updates, and give your ideas. Coffee and pastries provided! Call 781-259-8811 for more info. If you would prefer to meet via zoom, contact Amy at rettiga@lincolntown.org.



Senior Dining Fridays at 11:30AM

Enjoy the company of your neighbors while friendly staff serve you a meal, coffee & dessert too! RSVP by Wednesday for Friday lunch. \$2 suggested donation. Residents aged 60+. *Sponsored by Minuteman Senior Services.*

FREE Senior Legal Clinic with Atty. Golden

Second Friday of the month
April 14 from 1:30 - 3:30PM

Questions about estate planning or probate? Call 781-259-8811 to sign up for a 25 minute consultation, available in person, by phone, or Zoom. Please note: Friday, April 28 Sasha will co-present, *Aging in Place; Prep for Success.*



COUNCIL ON AGING & HUMAN SERVICES — CALL 781-259-8811

Information and Referral/Care Management Answers to questions about and assistance in evaluating in-home care needs and locating elder services, well-being check-ins, crisis intervention, and more. We are unable to provide names of agencies offering services that are not elder-related or of individuals instead of agencies.

Minuteman SHINE (Serving Health Information Needs of Everyone) Counselors give help regarding Medicare, including plans and benefits and medical bills. Call 781-259-8811 to book appointment for SHINE. In person office hours are the **1st & 3rd Wednesday each month.**

Meals on Wheels Home-delivered meals through Minuteman Senior Services.

Home Safety Evaluation Call the COA&HS for a FREE safety evaluation and assistance with your fire and carbon monoxide alarms.

Medical Equipment Loans of walkers, canes, wheel chairs, tub benches, shower chairs, and more at Bemis. Call 781-259-8811 to request equipment and arrange pick up time.

Veterans Services The Veterans' Services Officer (VSO), Peter Harvell, is an advocate for Lincoln's veterans and their dependents. The VSO can assist veterans with questions about state and federal veteran benefits and services. Office Hours: **Thursday from 9 am to Noon at Bemis Hall.** Peter can also be reached by email at lincolnveterans@lincolntown.org.

Utility Assistance Need help paying your utility bills? Call the COA&HS to see if you qualify for a Massachusetts program providing help to income-eligible residents to pay for utilities.

Transportation The COA&HS prioritizes **medical** appointments at this time. Contact Carlee, castetterc@lincolntown.org, to request a ride. These rides are **set up in advance.**



Need help with **Senior Charlie Card, the RIDE** or **RMV Near Me**? Call Carlee at 781-259-8811.

Notary Services Call 781-259-8811 to schedule an appointment for your documents to be notarized for FREE. Abigail Butt, COA&HS Director, is a certified Notary Public.



FOR YOUR WELLBEING**FREE Mental Health Clinics**

Tuesdays, April 4, 11, 18 & 25 (adult)
 Wednesdays, April 5, 12, 19, & 26 (adolescent)

Lincoln Mental Health Clinics are available to town residents of all ages. Appointments are held by Zoom, phone, or in person. Call Abigail at 781-259-8811 for an appointment. Staffed by: Sara Hickey, MSW, LCSW, Outpatient Clinician at Eliot Community Human Services. *Sponsored by the Board of Health & the America Rescue Plan Act.*

**Caregiver Support Group**

Wednesday, April 19 at 11:00AM

Have a family member with memory loss? You're invited to join with other caregivers as a group. We'll learn about memory loss, talk about challenges, and create strategies for managing a difficult situation, while also taking care of ourselves. *This group is open to all ages.* CS Group is offered via Zoom. Facilitated by Claire Gerstein, LICSW. Email gersteinc@lincolntown.org for more info. *Sponsored by Benchmark Senior Living at the Commons in Lincoln.*

NEW!**Bereavement Support Group**

Wednesday, April 26 at 10:30AM



Dealing with the death of a loved one is difficult. It can be helpful to come together with others who are grieving, to talk about the feelings, and get support. Claire Gerstein, LICSW is leading a bereavement support group via zoom on the 4th Wednesday of each month. Contact Claire directly at gersteinc@lincolntown.org to learn more or if you would like to attend. She will send you the zoom link.

Sponsored by Benchmark Senior Living at the Commons in Lincoln.

**Interested in Joining a Group? Need Some Support?**

New Groups Are Forming.

If you are interested in the opportunity to connect with others in a small group, please contact Claire Gertstein, LICSW to see if there is a group that would be a good fit. Email gersteinc@lincolntown.org for more information or to enquire. Topics include, dealing with change, navigating issues of later life, resilience in aging, managing difficult conversations with adult children, bereavement, and more.

FREE Tech Tutoring

Thursday, April 6, 1:00 - 4:00PM

Looking for help with your laptop, tablet, smart phone, or iPad? Come to our tech tutor office hours. Please bring your device and charging cable with you. Sign up in advance for a time slot is required. Please call 781-259-8811 to make your appointment. *Space is limited* and tech tutoring regularly runs with a waitlist. *Unfortunately, we are not able to accommodate walk in appointments.*



WELLNESS CLINICS

FREE Wellness Clinics with Public Health Nurse, Tricia McGean

Wednesday, April 12 (Bemis Hall & Lincoln Woods)

Tuesday, April 25 (Bemis Hall)

Have your blood pressure checked, receive advice about nutrition and fitness, medication management, answers about how to manage chronic conditions, where to get health services, and more!

Office Hours

Bemis Hall: 4th Tuesday 8:45AM—1:45PM, 2nd Wednesday 8:45AM—10:45AM

Lincoln Woods: 2nd Wednesday 11:00AM—1:00PM

Commons (Residents Only) Wellness Room: Every Thursday 10:00AM—12:00PM



Podiatry Clinics with Dr. Ruhl

Wednesday, April 12

Tuesday, April 25



Donate to FLCOA

All participants must register in advance by calling 781-259-8811. **Space is limited to Lincoln seniors aged 60 plus.** Registration is on a first come, first serve basis. Suggested \$10 donation. *Sponsored by the Friends of Lincoln COA & Pierce House.*

Mission Statement: The Lincoln COA&HS is a welcoming organization that embraces diversity, equity, and inclusion. The COA&HS strives to enrich the lives of Lincoln residents 60 years of age or older (approximately 1/3 of the population) and assist older residents to remain safely and independently in our community. In addition, the COA&HS provides services to Lincoln residents of all ages who are in a serious financial crisis or who need help in caring for elders. We also develop new social services resources for residents of all ages in collaboration with other Town departments and organizations. Most of our educational, social, and recreational activities are open to people of all ages.



Tuesday Trail Walks

Tuesdays, April 11, 18, & 25 from 9:30 - 11:30AM



All are welcome, but space is limited for these FREE walks. Explore Lincoln's open space. Visit different trails in Lincoln each week. These walks, led by Conservation Dept. staff, are typically two to three miles long. Wear sturdy shoes and dress for weather. Leave pets at home, since the focus is nature. Reservation is required. RSVP by contacting the Conservation Dept. at 781-259-2612/Conservation@lincolntown.org or online <https://tinyurl.com/2023SpringWalks>. Select the tab with the date you wish to join. *Sponsored by the COA&HS and Lincoln Conservation Department.*

Spring Noticing Walks

Tuesdays, April 4 from 1:00 - 2:30PM

All are welcome for this FREE event. Unplug from the busy world and let your senses come alive in nature! Wear sturdy footwear and/or bring walking poles. Naturalist John Calabria leads us on walks that are about the journey, not the destination. Register: www.lincolnconservation.org. *Sponsored by the COA&HS and Lincoln Land Conservation Trust.*

Saturday Nature Walks are Back!

Saturday, April 1 & May 6 from 9:30 - 11:30AM



Join Land Steward Ranger, Will Leona, and visit different trails in Lincoln the first Saturday of each month. Walks are generally 2 mile long and are appropriate for all ages. For more information call Conservation at 781-259-2612. Registration required: <https://tinyurl.com/2023SpringRangerWalks>.

SPEND TIME WITH OTHERS

Men's Coffee FREE You are invited to visit with old friends & meet new ones.

Fourth Thursday of the month at 9:30 am, hybrid.

French Conversation Brush up on your French speaking skills.

Second and fourth Monday of the month at 9:30 am, Zoom.

German Conversation Come enjoy reading and speaking German.

First and third Friday of the month at 10:00 am, Zoom.

Ukulele Gathering FREE Bring your ukulele and come play with friends both old and new.

Second and Fourth Thursday of the month at 3:00 pm, in person.

Knitting Group *HYBRID* FREE Come work on your PhD (Projects Half Done) with us.

Knitting is in-person & via Zoom. Email rettiga@lincolntown.org for the Zoom link.

Every Tuesday of the month, 9:30—11:00 am, hybrid.

Open Art Studio FREE Complete use our art supplies (watercolors, pastels, etc.) to try something new or make a paint-by-number masterpiece .

Every Wednesday of the month, 3:00—4:00 pm, in person.

Memoirs Sharing stories & writing them together. Email rettiga@lincolntown.org to join!

Every other Wednesday of the month, 10:00—12:00 pm, Zoom.



Open Art Studio



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MONDAY	TUESDAY	WEDNESDAY
<p>Friday Senior Dining Enjoy the company of your neighbors while friendly staff serve you a meal. RSVP by Wednesday for Friday meal. \$2 suggested donation. Residents aged 60+. <i>Sponsored by Minuteman Senior Services.</i></p>		
<p style="text-align: right;">3</p> <p>9:00 AARP Tax Aide 11:00 Zumba 1:00 Movie: <i>A Tale of Springtime</i> 2:00 Tai Chi 1 3:00 Tai Chi 2</p>	<p style="text-align: right;">4</p> <p>9:30—11:00 Knitting Group 11:15 Stretch and Flex 12:15 Active Aging 2:45—4:15 <u>Free</u> Mental Health Clinic</p>	<p>11:00 Line Dancing 11:00—1:00 Wellness 1:00 Tai Chi 1 2:00 Tai Chi 3 2:45—4:15 <u>Free</u> Me 3:00 Open Art Stu</p>
<p style="text-align: right;">10</p> <p>9:30 French Conversation 11:00 Zumba 1:00 Movie: <i>Columbus</i> 2:00 Tai Chi 1 3:00 Tai Chi 2</p>	<p style="text-align: right;">11</p> <p>9:30 Trail Walk 9:30 FLCOA Board Meeting 9:30—11:00 Knitting Group 11:15 Stretch and Flex 12:15 Active Aging 1:00 COA Board Meeting 2:15—4:30 <u>Free</u> Mental Health Clinic</p>	<p>8:45—10:45 Podiat 11:00 Wellness Clin 10:00 Memoirs 11:00 Line Dancing 1:00—4:00 SHINE C 1:00 Tai Chi 1 2:00 Tai Chi 3 2:45—4:15 <u>Free</u> Me 3:00 Open Art Stu</p>
<div style="text-align: center;">  <p>Patriots Day COA&HS CLOSED</p> </div> <p style="text-align: right;">17</p>	<p style="text-align: right;">18</p> <p>9:30 Trail Walk 9:30—11:00 Knitting Group 11:15 Stretch and Flex 12:15 Active Aging 2:45—4:15 <u>Free</u> Mental Health Clinic</p>	<p>11:00 Caregiver Su 11:00 Line Dancing 1:00 Tai Chi 1 2:00 Tai Chi 3 2:45—4:15 <u>Free</u> Me 3:00 Open Art Stu</p>
<p style="text-align: right;">24</p> <p>9:30 French Conversation 1:00 Movie: <i>The Duel</i> 2:00 Tai Chi 1 3:00 Tai Chi 2</p>	<p style="text-align: right;">25</p> <p>8:45—1:45 Podiatry/Wellness Clinic 9:30 Trail Walk 9:30—11:00 Knitting Group 10:30 Coffee & Convo w/ Select J. Glass 11:15 Stretch and Flex 12:15 Active Aging 2:45—4:15 <u>Free</u> Mental Health Clinic</p>	<p>10:00 Memoirs 10:30 Bereavement 11:00 Line Dancing 11:00 Ryan Estate- 1:00 Tai Chi 1 2:00 Tai Chi 3 2:45—4:15 <u>Free</u> Me 3:00 Open Art Stu</p>

COA&HS: located in Bemis Hall, 15 Bedford Road
Send mail to: c/o Town Offices, 16 Lincoln Road
Phone: (781) 259-8811.

E-mail: butta@lincolntown.org
Website: www.lincolntown.org
Hours: Monday through Friday, 8:30 — 4:30 pm

Would You Like to Participate in a COA&HS activity but cannot afford the cost?

Call the COA&HS and ask to speak with Abigail or Amy to find out more about our scholarship program.

Disclaimer: The COA&HS does not specifically endorse any service or product advertised herein. We encourage our readers to investigate any service or product they may consider using in order to make an informed decision.

WEDNESDAY	THURSDAY	FRIDAY
5 s Clinic, LW ental Health Clinic dio	6 9:00—12:00 Veterans Office Hours 9:15 Tai Chi 1 10:15 Tai Chi 2 11:15 Stretch and Flex 12:15 Active Aging 1:00—4:00 Tech Tutoring	7 10:00 SAIL/Balance 10:00 German Conversation 10:15 Beginner Piano NO Senior Salon NO Senior Dining NO Lincoln Academy
12 try/Wellness Clinic ic, LW Office Hours ental Health Clinic dio	13 9:15 Tai Chi 1 10:15 Tai Chi 2 11:15 Stretch and Flex 12:15 Active Aging 3:00 Ukulele Gathering	14 10:00 SAIL/Balance 10:15 Beginner Piano 11:30 Senior Dining Menu: Turkey Sweet Potato Chili, Brussel Sprouts, Cornbread 1:00 How Community Factors Influence Healthy Aging 1:30—3:30 <u>Free</u> Legal Clinic
19 pport Group ental Health Clinic dio	20 9:00—12:00 Veterans Office Hours 9:15 Tai Chi 1 10:15 Tai Chi 2 11:15 Stretch and Flex 12:15 Active Aging	21 10:00 SAIL/Balance 10:00 German Conversation 10:15 Beginner Piano 11:30 Senior Dining Menu: Southwest Chicken, Garden Salad, Corn/Bean salad 1:00 Intergenerational Meet the Author & Ice Cream Party
26 t Support Group Wellness Clinic ental Health Clinic dio	27 9:00—12:00 Veterans Office Hours 9:30 Men's Coffee 9:15 Tai Chi 1 10:15 Tai Chi 2 11:15 Stretch and Flex 12:15 Active Aging 3:00 Ukulele Gathering	28 10:00 SAIL/Balance 10:15 Beginner Piano 11:30 Senior Dining Menu: Turkey Bacon BLTs, Couscous Salad 1:00 Aging in Place: Prep for Success

SUPPORT OUR ADVERTISERS!

NEW! Zumba with Gina

Mondays Cost, \$3.00/class
11:00-12:00 pm

Spring session runs March 13 - April 10. Why do we love Zumba?

The reason is simple: every class feels like a party! Join us for Zumba and have fun dancing to the upbeat music. The workout will vary between higher and lower intensity dance moves designed to get your heart rate up and boost cardio endurance. Dress comfortably and bring a water bottle. To sign up, email rettiga@lincolntown.org.



Gina Flaherty



A note from the Community Center Building Committee (CCBC):

Wednesdays, April 12 & 26 at 7:00PM

The CCBC is holding public meetings on Wednesday, April 12 and Wednesday, April 26. Both meetings start at 7:00 p.m. Both will be hybrid meetings — in person, at the Donaldson Room in the Lincoln Town Offices, or remotely, by a Zoom link that will be available on the Town website.

The CCBC and its design team is focusing on the review and refinement of programming, so Lincoln can understand space requirements at each price point. The CCBC is also engaging in public conversations with stakeholders and continues to seek public input on community priorities and values, which will help to shape the design process. All residents are welcome, and invited to participate in the discussion. Residents can also submit feedback/questions on the CCBC website at www.lincolncommunitycenter.com.

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Empty space for additional information or contact details.

Contact Amy 781-259-8811/rettiga@lincolntown.org to register.
Fitness classes subsidized by the MA Executive Office of Elder Affairs and the FLCOA.



In Person Exercise



Terri Zaborowski

Stretch and Flex Classes with Terri

Tuesdays and Thursdays Cost, \$3.00/class
11:15-12:00 pm

Donate to FLCOA

Designed to help maintain strength, flexibility, and independence with both standing and seated exercises using resistance bands. Warm-up moving your body and joints through their full range of motion without resistance to the music. Full body stretch designed to lower your heart rate, relieve stress, increase flexibility, and leave you feeling great! Resistance bands are provided. Class can be done seated or standing.

Active Aging Classes with Terri

Tuesdays and Thursdays Cost, \$3.00/class
12:15-1:00 pm

Functional fitness class with exercises designed to help seniors maintain strength, balance, and independence. Designed for every fitness level with modifications and adaptations. Balance exercises to improve gait and confidence. Resistance training to build lean muscle and increase bone density all to the beat of the music! Finish with a 5-minute stretch.



Bemis Hall



Katrina Rotondi

Line Dancing with Katrina

Wednesdays Cost, \$3.00/class
11:00-12:00 pm

Enjoy the fun of line dancing. All levels are welcome to participate. Maybe you've done a little line dancing at a wedding or party, loved it, and wished you could do more? Maybe you are a single person who would love a form of dance where a partner isn't needed? Maybe you just might be looking for something new to try and get a little exercise too!

Virtual Exercise via Zoom



Jane Moss

SAIL Fitness with Derry

Fridays Cost, \$3.00/class or \$51.00/Winter session
10:00-10:45 am

17 week winter session runs Jan. 6 - April 28. Join Derry Tanner, retired nurse and certified personal trainer for *Stay Active and Independent for Life* (SAIL). Research tested strength, balance, and flexibility exercises will make you stronger and feel better.



Derry Tanner



Ellie Horwitz

Hybrid Exercise in Person & via Zoom

HYBRID Tai Chi Classes with Jane, Ellie, & Cynthia

Mondays, Wednesdays, Thursdays Cost, \$3.00/class

Spring Session starts April 3 to June 15 (11 weeks). This gentle practice works the joints and muscles to increase flexibility, strength, balance, and circulation. To register email rettiga@lincolntown.org. No Classes April 17 or May 29.

Beginner/Level 1/In person or Zoom - Spring Classes start 4/3/23

Mondays at 2:00 pm, Wednesdays at 1:00 pm & Thursdays at 9:15 am

Advanced/Level 2/In person only - Spring Classes start 4/3/23

Mondays at 3:00 pm & Thursday 10:15 am

Advanced/Level 3/In person only - Spring Classes start 4/5/23

Wednesdays at 2:00 pm



Cynthia Rosenberger



MONDAY MOVIE MATINEE



Mondays, April 3, 10, & 24 at 1:00PM - FREE popcorn!

April 3. A Tale of Springtime (1990) 1hr 48min. Rated PG. Drama. Cast includes Anne Teyssedre, Hugues Quester, and Florence Darel. The well ordered life of Jeanne, a high school philosophy teacher, suddenly spins into disorder when a young stranger she meets at a party involves her in a devilish scheme. Directed and written by Eric Rohmer. *French movie with English subtitles.*



April 10. Columbus (2017) 1hr 40min. Not Rated. Drama starring John Cho, Haley Lu Richardson, and Parker Posey. When a renowned architecture scholar falls suddenly ill during a speaking tour, his son, Jin, finds himself stranded in Columbus, Indiana: a small Midwestern city celebrated for its many modernist buildings. Jin strikes up a friendship with Casey, an architecture enthusiast who works at the local library. As their intimacy develops, they explore both the town and their conflicted emotions. Director: Kogonada. *2017 Sundance Official Selection.*



April 17. NO MOVIE, COA&HS closed.

April 24. The Duel (2010) 1hr 35mins. Not Rated. Drama starring Andrew Scott, Fiona Glascott, Tobias Menzies, and Niall Buggy. A dissolute aristocrat longs to escape his mistress, Nadia, and their dull life in the Russian provinces, but an arrogant scientist challenges him to a duel over Nadia's affections. Film based on novel by Anton Chekhov. Director: Dover Koshashvili.



Veteran Services Office Hours

Thursdays from 9:00-12:00

Peter Harvell, Town of Lincoln Veterans' Services Officer (VSO) is an advocate for veterans and their surviving spouses and dependents. The VSO assists veterans with questions about state/federal veteran benefits and services and/or help assist veterans and their surviving family apply for those benefits.

Benefits and services include emergency financial/medical assistance, Veterans Affairs compensation, pension claims, educational benefits, real estate tax abatement, employment and training opportunities, burial info, and innumerable other benefits.



Contact: veterans@lincolntown.org/781-259-8811.

Senior Salon

NO APRIL DATE

May 5, 9:00 -12:00PM

Looking for a local hairdresser or barber? We are pleased to announce monthly half price Senior Salon Day in collaboration with the Salon at Minuteman Tech. Call 781-259-8811 to reserve your appointment to receive the royal treatment. For a full list of salon services:

www.minuteman.org/student-run-public-services/salon-minuteman

The Salon is located at 758 Marrett Road, Lexington, MA. Need a ride? Call Carlee at 781-259-8811 to book transportation. Don't forget to have lunch at the District Restaurant after your appointment!



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GOING ON IN AND AROUND LINCOLN

Department of Public Works Notice Re: Transfer Station Stickers Enforcement

Dear Residents,

Thank you for your participation in the various waste reduction and recycling programs available at the Transfer Station. We have enjoyed a terrific partnership with Mothers Out Front and a strong group of volunteers who have helped us reinvigorate the Swap Shed Program. In addition, the compost program and mattress recycling programs have really taken hold and are well-utilized. Together, we are all doing our part to help the Town achieve its zero waste and climate action goals.

We have also appreciated the cooperation of the vast majority of our residents who have obtained transfer station stickers, which helps us ensure that the facility is being used exclusively by our residents. **If you have not obtained a sticker, please do so as soon as possible but no later than Friday, April 28 when the sticker program will be strictly enforced. Anyone without a sticker will not be allowed access to the facility.**

We have worked to make the process for obtaining stickers as convenient as possible. Stickers may be obtained online at www.epay.cityhallsystems.com, or in-person at the DPW building (30 Lewis Street), Monday – Friday, 7:00 a.m. – 2:00 p.m. As an additional accommodation, our staff will be present at the Transfer Station on Saturday, April 22, and Wednesday, April 26 to issue stickers to those who have not taken advantage of other opportunities. Proof of residence and vehicle registration is required. Contact Susan Donaldson at the DPW (781-259-8999) if you have questions.

Thank you in advance for your cooperation.

Chris Bibbo, Superintendent
Department of Public Works, March 2023

CCBC Meeting Schedule

Wednesdays, April 12 & 26, May 17 & 31, June 14 & possibly 28
7:00PM, in person (Town Offices) & via Zoom

Zoom: Meeting ID: 885 6839 7168, Passcode: 579905

Public Participation Plan: Public participation is vital to the success of the project. Our regular meetings, which are open to the public, will be augmented with several dedicated public sessions. We anticipate gathering input and feedback through a variety of mechanisms including workshops and surveys. For more info, see pg. 8.