



NEWS FROM BEMIS HALL

Volume 13

December 2022

Number 12

Lincoln Council on Aging & Human Services

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Holiday Music of the 1940s

Friday, December 2 at 1:00PM



All are invited to sit back and enjoy a program of familiar and cherished songs. Learn the fascinating stories behind the writing of *Rudolph the Red-Nosed Reindeer*, *Baby It's Cold Outside*, and *Winter Wonderland*. For example, did you know *Merry Christmas Darling* was composed in 1946 but took 32 years before it found its way to *the Carpenters* album? Other featured artists include Bing Crosby, the Andrews Sisters, and Nat King Cole. Presented by John Clark and the Great American Music Experience.



Dicken's A Christmas Carol

Friday, December 16 at 1:00PM

***FREE* Live Theater Show** All are welcome to join us for this special event held at Bemis Hall. Join actors Stephen Collins and Poornima Kirby for a funny, heartfelt journey through Charles' Dickens classic. This 60 minute adaptation shows Ebenezer Scrooge's transformation from a grumpy, selfish misanthrope to a generous, kindly man, full of the holiday spirit. *Sponsored by the Friends of the Lincoln Council on Aging & The Friends of the Lincoln Library.*



Holiday Open House

Friday, December 9, 11:00AM - 1:00PM

***FREE* light lunch provided.** All are invited to join us to celebrate this holiday season. Friends will gather to hear piano music by Ken Hurd. Special guests, Tim Higgins, our Town Administrator, and Jennifer Glass, Select Board member, look forward to chatting with community members. Delicious finger rolls and desserts offered. Bring your phone and capture the moment at our special photo booth!



Sponsored by the Friends of the Lincoln Council on Aging Donate to FLCOA

FREE Legal Clinic with Atty. Golden

First Friday of the month

Dec. 2, Jan. 6, & Feb. 3, 1:30 - 3:30PM



Questions about estate planning, guardianship or probate? Join us for our FREE monthly legal clinic with elder law attorney, Sasha Golden. Call 781-259-8811 to sign up for a 25 minute consultation, available in person, by phone, or zoom.



Coffee & Conversation Police Chief Kennedy

Tuesday, December 27 at 10:00AM



Residents of all ages are invited to join Police Chief Kevin Kennedy to ask your questions, get the latest updates, and give your ideas. Coffee and pastries provided! Call 781-259-8811 for more info. If you would prefer to meet via zoom, contact Amy at: rettiga@lincolntown.org.



Senior Dining

Fridays, December 2, 16, 23, & 30 at 11:30AM

Enjoy the company of your neighbors while friendly staff serve you a meal, including coffee & dessert. RSVP due Wednesday for Friday Lunch. \$2 suggested donation. Lincoln residents age 60+. Note: No Senior Dining Dec. 9. Instead, join us for Holiday Open House with a lunch buffet sponsored by the Friends of Lincoln COA.

Senior Dining Sponsored by Minuteman Senior Services

Meals On Wheels Needs Help

Are you interested in having a tremendous impact on your community by giving just two hours a week to deliver meals to homebound seniors? If so, please email volunteer@minutemansenior.org or call 781-221-7093.

COUNCIL ON AGING & HUMAN SERVICES — CALL 781-259-8811

Information and Referral/Care Management Answers to questions about and assistance in evaluating in-home care needs and locating elder services, well-being check-ins, crisis intervention, and more. We are unable to provide names of agencies offering services that are not elder-related or of individuals instead of agencies.

Minuteman SHINE (Serving Health Information Needs of Everyone) Counselors give help regarding Medicare, including plans and benefits and medical bills. Call 781-259-8811 to book appointment for SHINE. In person office hours are the **1st & 3rd Wednesday each month**.

Meals on Wheels Home-delivered meals through Minuteman Senior Services.

Home Safety Evaluation Call the COA&HS for a FREE safety evaluation and assistance with your fire and carbon monoxide alarms.

Medical Equipment Loans of walkers, canes, wheel chairs, tub benches, shower chairs, and more at Bemis. Call 781-259-8811 to request equipment and arrange pick up time.

Veterans Services The Veterans' Services Officer (VSO), Peter Harvell, is an advocate for Lincoln's veterans and their dependents. The VSO can assist veterans with questions about state and federal veteran benefits and services. Office Hours: **Thursday from 9 am to Noon at Bemis Hall**. Peter can also be reached by email at lincolnveterans@lincolntown.org.

Utility Assistance Need help paying your utility bills? Call the COA&HS to see if you qualify for a Massachusetts program providing help to income-eligible residents to pay for utilities.

Transportation The COA&HS prioritizes **medical** appointments at this time. Contact Carlee, castetterc@lincolntown.org, to request a ride. These rides are **set up in advance**. Need help with **Senior Charlie Card, the RIDE** or **RMV Near Me**? Call Carlee at 781-259-8811.



Notary Services Call 781-259-8811 to schedule an appointment for your documents to be notarized for FREE. Abigail Butt, COA&HS Director, is a certified Notary Public.



FOR YOUR WELLBEING**FREE Mental Health Clinics**

Tuesdays, December 6, 13, 20 & 27 (adult)
 Wednesdays, December 7, 14, 21 & 28 (adolescent)

Lincoln Mental Health Clinics are available to town residents of all ages.

Appointments are held by Zoom, phone, or in person. Call Abigail at 781-259-8811 for an appointment. Staffed by: Sara Hickey, MSW, LCSW, Outpatient Clinician at Eliot Community Human Services. *Sponsored by the Board of Health & the America Rescue Plan Act.*

**Caregiver Support Group**

Wednesday, December 21 at 11:00AM

Have a family member with memory loss? You're invited to join with other caregivers as a group. We'll learn about memory loss, talk about challenges, and create strategies for managing a difficult situation, while also taking care of ourselves. *This group is open to all ages.* Group is offered via Zoom. Facilitated by Claire Gerstein, LICSW. Email gersteinc@lincolntown.org for more info. *Sponsored by Benchmark Senior Living at the Commons in Lincoln.*

NEW!**Bereavement Support Group**

Wednesday, December 28 at 10:30AM

Dealing with the death of a loved one is difficult. It can be helpful to come together with others who are grieving, to talk about the feelings, and get support. Claire Gerstein, LICSW is leading a bereavement support group via zoom on the 4th Wednesday of each month. Contact Claire directly at gersteinc@lincolntown.org to learn more or if you would like to attend. She will send you the zoom link.

**Winter Noticing Walks**

Tuesday, December 6, 1:00 - 2:30PM

All are welcome for these FREE events. Unplug from the busy world and let your senses come alive in nature! These walks are gently paced but do cover rough terrain. Wear sturdy footwear and/or bring walking poles. Naturalist John Calabria leads us on walks that are about the journey, not the destination. Space is limited. Registration: www.lincolnconservation.org. Reminder sent 1 week before & day of walk. *Sponsored by the COA&HS and Lincoln Land Conservation Trust.*

**Saturday Ranger Walks**

Saturday, December 3, 9:30 - 11:30AM



All are welcome, but space is limited for these FREE walks. Explore Lincoln's open space. Visit different trails in Lincoln each week. These walks, led by Lincoln's Conservation Ranger, Will Leona, are typically two to three miles long. Wear sturdy shoes and dress for weather. Leave pets at home, since the focus is nature. Reservation is required. RSVP by contacting the Conservation Dept.

at 781-259-2612/conservation@lincolntown.org or online <https://tinyurl.com/2022RangerWalks>
Sponsored by the COA&HS and Lincoln Conservation Commission.

WELLNESS CLINICS

FREE Wellness Clinics with Public Health Nurse, Tricia McGean

Wednesday, December 7 (Bemis Hall & Lincoln Woods)
Tuesday, December 27 (Bemis Hall)

Have your blood pressure checked, receive advice about nutrition and fitness, medication management, answers about how to manage chronic conditions, where to get health services, and more!

Clinic Hours

Bemis Hall: 4th Wednesday 8:45AM—10:45AM, 2nd Tuesday 8:45AM—1:45PM
Lincoln Woods: 1st Tuesday 11:00AM—1:45PM

Commons (Residents Only) Wellness Room: Every Thursday 10:00AM—12:00PM



Podiatry Clinics with Dr. Ruhl

Wednesday, December 14
Tuesday, December 27



Donate to FLCOA

All participants must register in advance by calling 781-259-8811. **Space is limited to Lincoln seniors aged 60 plus.** Registration is on a first come, first serve basis. Suggested \$10 donation. *Sponsored by the Friends of Lincoln COA & Pierce House.*

Holiday Visits & Gift Bags

During the holidays, staff visit homebound, frail, and needy seniors to deliver bags full of basic necessities. We are collecting the following NEW, FULL-SIZED UNOPENED, items: *Shampoo, conditioner, body wash, toothbrushes, toothpaste, tissues, paper towels, toilet paper, lip balm, deodorant, disposable razors, shaving cream, kitchen sponges, trash bags, laundry soap, socks, coffee & tea, postage stamps, pharmacy gift cards.* Questions? Call 781-259-8811. **Please bring your donations to Bemis Hall no later than December 7.**



Mission Statement: The Lincoln COA&HS is a welcoming organization that embraces diversity, equity, and inclusion. The COA&HS strives to enrich the lives of Lincoln residents 60 years of age or older (approximately 1/3 of the population) and assist older residents to remain safely and independently in our community. In addition, the COA&HS provides services to Lincoln residents of all ages who are in a serious financial crisis or who need help in caring for elders. We also develop new social services resources for residents of all ages in collaboration with other Town departments and organizations. Most of our educational, social, and recreational activities are open to people of all ages.

English at Large

Tuesdays at Bemis Hall

ENGLISHATLARGE

Want to improve your English? The Lincoln COA&HS, through partnership with EAL, is now offering **FREE** 1-on-1 English language tutoring. Tutoring is provided by a volunteer teacher matched to your schedule. Group lessons also available. For more info or to register: visit englishatlarge.org/get-a-tutor, call 781-395-2374 or email learn@englishatlarge.org.

FREE Tech Tutoring

Thursdays, December 1 & 8, 2:00 - 4:00PM

Looking for help with your laptop, tablet, smart phone, or iPad? Come to our tech tutor office hours. Please bring your device and charging cable with you. Sign up in advance for a time slot is required. Please call 781-259-8811 to make your appointment. *Space is limited* and tech tutoring regularly runs with a waitlist. *Unfortunately, we are not able to accommodate walk in appointments.*



SPEND TIME WITH OTHERS

Men's Coffee You are invited to visit with old friends & meet new ones.

Fourth Thursday of the month at 9:30 am, hybrid.

French Conversation Brush up on your French speaking skills.

Second Monday of the month at 9:30 am, Zoom.

German Conversation Come enjoy reading and speaking German.

First, third, and fifth Friday of the month at 10:00 am, Zoom.

Ukulele Gathering Bring your ukulele and come play with friends both old and new.

Second and Fourth Thursday of the month at 3:00 pm, in person.

Knitting Group *HYBRID* Come work on your PhD (Projects Half Done) with us. Knitting takes place in-person and via Zoom. Email rettiga@lincolntown.org if you would like to join the group via Zoom.

Every Tuesday of the month, 9:30—11:00 am, hybrid.

Open Art Studio Complete a paint-by-number masterpiece or use our art supplies (watercolors, pastels, etc.) and try something new.

Every Wednesday of the month, 3:00—4:00 pm, in person.

Memoirs Fall session ends Dec 14. Winter session begins Jan 4 and meets every other week.. Sharing stories & writing them together. Email rettiga@lincolntown.org if you want to join!



Men's Coffee



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MONDAY	TUESDAY	WEDNESDAY
<p style="text-align: right;">5</p> <p>12:00 Lunch Group 1:00 Movie: <i>We Don't Deserve Dogs</i> 2:00 Tai Chi 1 3:00 Tai Chi 2</p>	<p style="text-align: right;">6</p> <p>9:00—11:00 English at Large 9:30—11:00 Knitting Group 11:15 Stretch and Flex 12:15 Active Aging 1:00 Noticing Walk with J. Calabria 2:45—4:15 <u>Free</u> Mental Health Clinic</p>	<p>9:00—10:45 Wellness Clinic 9:30—4:00 SHINE C 11:00 Line Dancing 11:00—1:00 Wellness Clinic 1:00 Tai Chi 1 2:00 Tai Chi 3 2:45—4:15 <u>Free</u> Me 3:00 Open Art Stud</p>
<p style="text-align: right;">12</p> <p>9:30 French Conversation 12:00 Lunch Group 1:00 Movie: <i>Babette's Feast</i> 2:00 Tai Chi 1 3:00 Tai Chi 2</p>	<p style="text-align: right;">13</p> <p>9:00 English at Large 9:30 FLCOA Board Meeting 9:30—11:00 Knitting Group 11:15 Stretch and Flex 12:15 Active Aging 1:00 COA Board Meeting 2:15—4:30 <u>Free</u> Mental Health Clinic</p>	<p>8:45—10:45 Podiatry & Wellness Clinic 10:00 Memoirs Writ 11:00 Line Dancing 1:00—4:00 SHINE C 1:00 Tai Chi 1 2:00 Tai Chi 3 2:45—4:15 <u>Free</u> Me 3:00 Open Art Stud</p>
<p style="text-align: right;">19</p> <p>12:00 Lunch Group 1:00 Movie: <i>Grumpy Old Men</i></p>	<p style="text-align: right;">20</p> <p>9:00 English at Large 9:30—11:00 Knitting Group 11:15 Stretch and Flex 12:15 Active Aging 2:45—4:15 <u>Free</u> Mental Health Clinic</p>	<p>11:00 Line Dancing 11:00 Caregiver Support Group 2:45—4:15 <u>Free</u> Me 3:00 Open Art Stud</p>
<p style="text-align: right;">26</p> <p style="text-align: center;">COA&HS CLOSED</p>	<p style="text-align: right;">27</p> <p>8:45—1:45 Podiatry & Wellness Clinic 9:00 English at Large 9:30—11:00 Knitting Group 10:00 Coffee & Convo: Chief Kennedy 2:45—4:15 <u>Free</u> Mental Health Clinic</p>	<p>10:30 Bereavement Support Group 2:45—4:15 <u>Free</u> Me 3:00 Open Art Stud</p>

COUNCIL ON AGING & HUMAN SERVICES INFORMATION

COA&HS: located in Bemis Hall, 15 Bedford Road
Send mail to: c/o Town Offices, 16 Lincoln Road
Phone: (781) 259-8811.

E-mail: butta@lincolntown.org
Website: www.lincolntown.org
Hours: Monday through Friday, 8:30 — 4:30 pm

Would You Like to Participate in a COA&HS activity but cannot afford the cost?

Call the COA&HS and ask to speak with Abigail or Amy to find out more about our scholarship program.

Disclaimer: The COA&HS does not specifically endorse any service or product advertised herein. We encourage our readers to investigate any service or product they may consider using in order to make an informed decision.

SDAY	THURSDAY	FRIDAY
	<p style="text-align: right;">1</p> 9:00—12:00 Veterans Office Hours 9:15 Tai Chi 1 10:15 Tai Chi 2 11:15 Stretch and Flex 12:15 Active Aging 2:00—4:00 Tech Tutoring	<p style="text-align: right;">2</p> 10:00 SAIL/Balance 10:00 German Conversation 11:30 Senior Dining Menu: Beef Bolognese w/ penne 1:00 John Clark: 1940 Holiday Music 1:30—3:30 FREE Legal Clinic
<p style="text-align: right;">7</p> ess Clinic, Bemis Office Hours s Clinic, LW ntal Health Clinic dio	<p style="text-align: right;">8</p> 9:00—12:00 Veterans Office Hours 9:15 Tai Chi 1 10:15 Tai Chi 2 11:15 Stretch and Flex 12:15 Active Aging 2:00—4:00 Tech Tutoring 3:00 Ukulele Gathering	<p style="text-align: right;">9</p>  9:00—12:30 Senior Salon 10:00 SAIL/Balance No Senior Dining Holiday Open House 11 am – 1 pm Light Lunch Provided
<p style="text-align: right;">14</p> ry Clinic ing Group Office Hours ntal Health Clinic dio	<p style="text-align: right;">15</p> 9:00—12:00 Veterans Office Hours 9:15 Tai Chi 1 10:15 Tai Chi 2 11:15 Stretch and Flex 12:15 Active Aging	<p style="text-align: right;">16</p> 10:00 SAIL/Balance 10:00 German Conversation 11:30 Senior Dining Menu: Roast pork, apple compote whipped potato, peas & carrots 1:00 Dicken's A Christmas Carol LIVE Theatre, S. Collins & P. Kirby
<p style="text-align: right;">21</p> upport Group ntal Health Clinic dio	<p style="text-align: center;">22</p> 9:00—12:00 Veterans Office Hours 9:30 Men's Coffee 11:15 Stretch and Flex 12:15 Active Aging 3:00 Ukulele Gathering	<p style="text-align: right;">23</p> 10:00 SAIL/Balance 11:30 Senior Dining Menu: Meatloaf w/gravy, garlic mashed potato, green beans
<p style="text-align: right;">28</p> t Support Group ntal Health Clinic dio	<p style="text-align: right;">29</p> 9:00—12:00 Veterans Office Hours	<p style="text-align: right;">30</p> NO SAIL/Balance Class 10:00 German Conversation 11:30 Senior Dining Menu: Chicken & white bean chili brown rice, corn

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Watch on your computer - "Streaming"
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Expanded SHINE Office Hours

Wednesdays, Dec. 7 & 14

Certified SHINE (Serving Health Information Needs of Everyone) Counselors offer one to one appointments at Bemis Hall. Have you had prescription drug changes during the year and need to re-look at what may be available for you.

During open enrollment, our dedicated SHINE councilors have expanded their availability to ensure resident can get help finding the coverage they want and need. Both morning and afternoon appointments are available. Appointments can be done in person, by phone, or virtually by zoom. Call 781-259-8811 to book your appointment.



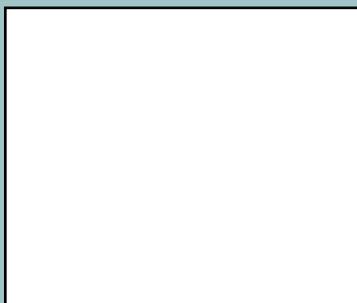
Line Dancing with Katrina

Medicare Open Enrollment ends Dec. 7



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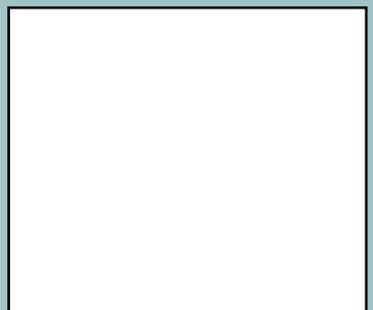

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Contact Amy 781-259-8811/rettiga@lincolntown.org to register.
 Fitness classes subsidized by the MA Executive Office of Elder Affairs and the FLCOA.



In Person Exercise

Stretch and Flex Classes with Terri

Tuesdays and Thursdays Cost, \$3.00/class
 11:15-12:00 pm

Donate to FLCOA



Terri Zaborowski

Designed to help maintain strength, flexibility, and independence with both standing and seated exercises using resistance bands. Warm-up moving your body and joints through their full range of motion without resistance to the music. Full body stretch designed to lower your heart rate, relieve stress, increase flexibility, and leave you feeling great! Resistance bands are provided. Class can be done seated or standing. **No class 12/27 or 12/29.**

Active Aging Classes with Terri

Tuesdays and Thursdays Cost, \$3.00/class
 12:15-1:00 pm



Bemis Hall

Functional fitness class with exercises designed to help seniors maintain strength, balance, and independence. Designed for every fitness level with modifications and adaptations. Balance exercises to improve gait and confidence. Resistance training to build lean muscle and increase bone density all to the beat of the music! Finish with a 5-minute stretch. **No class 12/27 or 12/29.**

Line Dancing with Katrina

Wednesdays Cost, \$3.00/class
 11:00-12:00 pm



Katrina Rotondi

Enjoy the fun of line dancing. All levels are welcome to participate. Maybe you've done a little line dancing at a wedding or party, loved it, and wished you could do more? Maybe you are a single person who would love a form of dance where a partner isn't needed? Maybe you just might be looking for something new to try and get a little exercise too! **No class 12/28.**

Virtual Exercise via Zoom

SAIL Fitness with Derry

Fridays Cost, \$3.00/class or \$39.00/Fall session
 10:00-10:45 am



Derry Tanner

13 week fall session runs Sept. 9 - Dec. 23. Join Derry Tanner, retired nurse and certified personal trainer for Stay Active and Independent for Life (SAIL). Strength, balance, and flexibility exercises make you stronger and feel better. **No class 12/30.** **Winter session is Jan. 6 - April 28. Email Amy to register.**

Hybrid Exercise In Person & via Zoom

***NEW HYBRID* Tai Chi Classes with Jane, Ellie, & Cynthia**

Mondays, Wednesdays, Thursdays Cost, \$3.00/class

13 week fall session runs Sept. 19 - Dec. 15. This gentle practice works the joints and muscles to increase flexibility, strength, balance, and circulation. To register email rettiga@lincolntown.org. **Winter session is Jan. 4 - March 31. (13 weeks)**



Jane Moss



Ellie Horwitz

Beginner/Level 1/In person or Zoom - Fall classes end Dec. 15

Mondays at 2:00 pm, Wednesdays at 1:00 pm & Thursdays at 9:15 am

Advanced/Level 2/In person only - Fall classes end Dec. 15

Mondays at 3:00 pm & Thursday 10:15 am

Advanced/Level 3/In person only - Fall classes end Dec. 15

Wednesdays at 2:00 pm

NEW! Monday Lunch Group

Mondays, December 5, 12, & 19 at 12:00PM



You are invited to bring a bag lunch, relax and socialize with friends and neighbors in the Map Room. Coffee and dessert provided. Join us for lunch and stay for the Monday Movie Matinee.

**MONDAY MOVIE MATINEE**Mondays, December 5, 12, & 19 at 1:00PM - FREE popcorn!

Dec. 5 We Don't Deserve Dogs (2021) 1hr 24min. Not Rated. Dogs influence our daily lives in simple and extraordinary ways. People need dogs, and perhaps they need us, but what do humans do to deserve the unconditional love they provide? Director: Matthew Salleh. Official selection Warsaw Film Festival. *Documentary.*



Dec. 12. Babette's Feast (1987) 1hr 43mins. Rated G. Drama-comedy starring Stephane Audran and Bodii Kjer. During the late 19th century, a strict religious community takes in a French refugee from the Franco-Prussian War who works as a cook to the late pastor's daughter. It is only when Babette wins the lottery that the community learns her true talent. Director: Gabriel Axel. Oscar winner for Best Foreign Film. *Danish with English subtitles.*

Dec. 19. Grumpy Old Men. (1993) 1hr 44mins. Rated PG13. Comedy with star studded cast including Walter Matthau, Daryl Hannah, Ossie Davis, Jack Lemmon, and Ann-Margaret Olsson. Feuding neighbors vie for the attention of an attractive widow who moves in the neighborhood. Family dynamics intensify when kids come home for the holidays. Director: Donald Petrie.

**Veteran Services Office Hours**

Thursdays from 9:00-12:00

Peter Harvell, Town of Lincoln Veterans' Services Officer (VSO) is an advocate for veterans and their surviving spouses and dependents. The VSO assists veterans with questions about state/federal veteran benefits and services and/or help assist veterans and their surviving family apply for those benefits.

Benefits and services include emergency financial/medical assistance, Veterans Affairs compensation, pension claims, educational benefits, real estate tax abatement, employment and training opportunities, burial info, and innumerable other benefits.



Contact: veterans@lincolntown.org/781-259-8811.

Senior Salon IS BACK!

Second Friday of the month

Friday, Dec. 9 & Jan. 13, 9:00 -12:00

Looking for a local hairdresser or barber? We are pleased to announce monthly half price Senior Salon Day in collaboration with the Salon at Minuteman Tech. Call 781-259-8811 to reserve your appointment to receive the royal treatment. For a full list of salon services:

www.minuteman.org/student-run-public-services/salon-minuteman

The Salon is located at 758 Marrett Road, Lexington, MA. Need a ride? Call Carlee at 781-259-8811 to book transportation. Don't forget to have lunch at the District Restaurant after your appointment!

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eternalHealth is a HMO plan with a Medicare contract for HMO and PPO offerings. Enrollment in eternalHealth depends on contract renewal.

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GOING ON IN AND AROUND LINCOLN

Substitute Teachers Needed!

Join our team of educators working with preschool through 8th grade students to make a difference. For questions, please contact Kerry Parrella at kparrella@lincnet.org/508-958-6872.

Holiday Handbells **Tuesday, December 20 at 7:00PM**

The Lincoln Ringers of First Parish are back to present their annual holiday concert. Join us on at Bemis Hall for an evening of Holiday classics- and some new ones, too! Admission is FREE- a free will donation will be gratefully received. Donations will benefit the Council on Aging & Human Services who have graciously offered their space.

Flashlight Candy Cane Hunt Friday, Dec. 9, 6:00 - 7:00PM

FREE Event at Pierce Park. Ages 2 - 12 years. Pre-registration required at www.LincolnRec.com. Hot Cocoa, Music & Prizes. Decorate a Candy Cane Bag. *Please bring your own flashlight.*

FREE Sand & Salt Buckets for Seniors

The winter season is upon us! The Lincoln Girl Scouts would like to help seniors be prepared and safe this winter. If you would like a FREE sand/salt bucket to help with slippery spots on your driveway or walkway, contact the COA&HS at 781-259-8811 to sign up and the Girl Scouts will deliver to your door.

Inclement Weather Policy

As the winter months are approaching, we want to let everyone know that your safety is our top concern. We will attempt to let you know if town buildings will be closed. If the Lincoln schools are closed due to weather, in person COA&HS activities are cancelled. If the Schools are delayed or closed early, it is at the discretion of the COA&HS staff and individual instructors whether a particular activity will be held. Every effort will be made to shift programming to a virtual format or reschedule classes and presentations that are cancelled due to bad weather.