



# NEWS FROM BEMIS HALL

Volume 13

March 2022

Number 3

Lincoln Council on Aging & Human Services



## Jane Bartter and Barbara Davis Receive Lincoln's Boston Post Cane



Jane Bartter receives Boston Post Cane with daughter, Pam Bartter

Jane L. Bartter and Barbara G. Davis were honored jointly as the oldest living Lincoln residents dwelling in the community. Select Board Member Jennifer Glass and Council on Aging & Human Services Director Abigail Butt presented each with a replica of the Boston Post Cane and a certificate signed by the Select Board. The two women were formally recognized during the January 31, 2022 Select Board meeting.

The Boston Post Cane tradition began in 1909 when Edwing Grozier, publisher of the *Boston Post*, gave gold-headed ebony canes to 700 New England towns with the intent that they be given to the "oldest male citizen" in each community. In 1930, after much contentious debate, woman earned the right to receive the cane. Today, over 500 canes are known to be in circulation, with over 150 existing in Massachusetts. Lincoln's original cane is displayed in Bemis Hall along with a plaque listing Lincoln's known recipients.

Jane Bartter, age 100, was born on July 10, 1921. Because her father was headmaster of Tabor Academy, Jane was one of only 4 girls to attend the all-boy's school at the time. After graduating from Smith College, she was recruited to help the war effort as a code breaker in Washington, D.C, where she met her husband, Fred. They were married in 1946 and their lives together were characterized by deep commitment and service to whichever community they lived. Jane continues to live independently and has a daughter, four grandchildren, and five great-grandsons who visit frequently. Jane is a passionate volunteer and advocate, dedicated to children's literacy, effecting political change, feeding the hungry, and acts of service.



Jennifer Glass and Abigail Butt present Boston Post Cane and certificate to Jane Bartter



Jennifer Glass presents Boston Post Cane and certificate to Barbara Davis

Barbara Davis, age 100, was born on February 24, 1922. After her mother's death in 1930, she and her brother went to live with her aunt who was fortunate to have a good job during the Great Depression. In 1943 Barbara, like most of her female classmates, signed up to serve in WWII. She was an Army nurse for two years and was stationed in France and then Nuremburg, Germany. In 1954 Barbara and her husband, Ron, moved to Lincoln where they raised their 5 children and eventually owned and operated "Thoreau's Walden" bed and breakfast. Barbara is known for her welcoming and hospitable nature, kindness, and humility, dedicating years of service to the St. Anne's Service League and the Council on Aging and Human Services.

## NEWS YOU CAN USE

### **Town Meeting - Saturday, March 26 & Town Election - Monday, March 28**

The **Annual Town Election** is at the Reed Fieldhouse Gym from 7:30 am to 8:00 pm on **Monday, March 28**. Please note the change of venue from the Smith Gym. Voter Registration deadline is 8:00 pm, Friday, March 4. There are a number of contested races on the ballot this year. For more information, contact the Town Clerk's Office at 781-259-2607.

\*Extra low-distance parking is available for the mobility impaired and the handicapped\*  
We look forward to seeing you at the polls!

### **FREE Tech Tutoring** Thursdays, March 3 & 17



Looking for help with your laptop, smart phone or iPad? Come to our tech tutoring office hours on Thursday afternoons **1:30–4:30 pm**. If you have a laptop, tablet, or notebook, please bring it. Please call 781-259-8811 to make an appointment.

## COUNCIL ON AGING & HUMAN SERVICES — CALL 781-259-8811

**Information and Referral/Care Management** Answers to questions about and assistance in evaluating in-home care needs and locating elder services, well-being check-ins, crisis intervention, and more. We are unable to provide names of agencies offering services that are not elder-related or of individuals instead of agencies.

**Minuteman SHINE (Serving Health Information Needs of Everyone)** Counselors give help regarding Medicare, including plans and benefits and medical bills. Call 781-259-8811 to book appointment for SHINE. In person office hours are offered at Bemis Hall the **first and third Wednesday of each month**.

**Meals on Wheels** Home-delivered meals through Minuteman Senior Services.

**Home Safety Evaluation** Call the COA&HS for a FREE safety evaluation and assistance with your fire and carbon monoxide alarms.

**Medical Equipment** Loans of walkers, canes, wheel chairs, tub benches, shower chairs, and more at Bemis. Call 781-259-8811 to request equipment and arrange pick up time.

**Veterans Services** The Veterans' Services Officer (VSO), Peter Harvell, is an advocate for Lincoln's veterans and their dependents. The VSO can assist veterans with questions about state and federal veteran benefits and services. Office Hours: **Thursday from 9 am to Noon at Bemis Hall**. Peter can also be reached by email at [lincolnveterans@lincolntown.org](mailto:lincolnveterans@lincolntown.org).

**Utility Assistance** Need help paying your utility bills? Call the COA&HS to see if you qualify for a Massachusetts program providing help to income-eligible residents to pay for utilities.

**Transportation** The COA&HS prioritizes **medical** appointments at this time. Contact Carlee, [castetterc@lincolntown.org](mailto:castetterc@lincolntown.org), to request a ride. These rides are **set up in advance**. Need help with **Senior Charlie Card** or the **RIDE**? Call Carlee at 781-259-8811.



**Notary Services** Call 781-259-8811 to schedule an appointment for your documents to be notarized for FREE. Abigail Butt, COA&HS Director, is a certified Notary Public.





## Monthly Events & Activities



### Conversation with a Select Thursday, March 10 at 10:00AM



Residents of all ages are invited to a "Conversation with a Select." Join Select Board member, Jennifer Glass, to get the latest updates, ask your questions, and give your ideas! For information on how to join in, contact Jennifer prior to the meeting at [jglassselect@lincolntown.org](mailto:jglassselect@lincolntown.org).

**Zoom Meeting ID: 97690522488 Passcode: 998413**



### Chat with a Nurse Wednesday, March 16 at 11:00AM

Do you have general health questions? Do you have questions about COVID-19, booster shots, transmission trends, symptoms, or treatment? Join Town Nurse, Tricia McGean, via Zoom to have your questions answered. Sign up by sending an email to [gagnea@lincolntown.org](mailto:gagnea@lincolntown.org).



### \*NEW\* Caregiver Support Group Wednesday, March 16 at 11:00AM



If you have a family member with memory loss, we invite you to come together and join with other caregivers as a group. We'll learn about memory loss, talk about challenges, and create strategies for managing a difficult situation, while also taking care of ourselves. *This group is open to all ages.* Please call 781-259-8811 for more information. This caregiver support group is offered via Zoom and facilitated by Claire Gerstein, LICSW. Please email [gersteinc@lincolntown.org](mailto:gersteinc@lincolntown.org) for more detailed information.



*Sponsored by Benchmark Senior Living at the Commons in Lincoln.*

\*\*\*\*\*PLEASE SEE PAGE 10 – FOR MARCH ZOOM SPECIAL PROGRAMS\*\*\*\*\*

### Mt. Misery: Noticing Walks with John Calabria Tuesday, March 1 at 1:00PM—2:30PM

All are welcome for this FREE event. Unplug from the busy world and let your senses come alive in nature! These walks are gently paced but do cover rough terrain. Participants are encouraged to wear sturdy footwear and/or bring walking poles. Naturalist John Calabria leads us on walks that are all about the journey, not the destination.



Space is limited and registration required. Please fill out registration form at [www.lincolnconservation.org](http://www.lincolnconservation.org) and receive an email reminder one week before and the day of the walk.

*Sponsored by Lincoln Land Conservation Trust & Lincoln COA&HS.*



## FOR YOUR WELLBEING



### FREE Wellness Clinics with Public Health Nurse, Tricia McGean

Wednesday, March 9 & Tuesday, March 22 (Bemis Hall)

Wednesday, April 13 & Tuesday, April 26 (Bemis Hall)

Monday, March 28 & Monday, April 25 (Lincoln Woods)

Have your blood pressure checked, receive advice about nutrition and fitness, medication management, answers about how to manage chronic conditions, where to get health services, and more!



#### **Clinic Hours**

Lincoln Woods: 10:00AM—Noon

Bemis Hall: Wednesday 8:45AM—11:00AM, Tuesday 8:45AM—1:45PM

Commons (Residents Only) Wellness Room: Every Thursday 12:00PM—2:00PM

### Podiatry Clinics with Dr. Ruhl

Wednesday, March 9 & Tuesday, March 22

Wednesday, April 13 & Tuesday, April 26



All participants must register in advance by calling 781-259-8811. **Space is limited to Lincoln seniors aged 60 plus.** Registration is on a first come, first serve basis. Suggested \$10 donation.

*Co-sponsored by the Friends of the Lincoln COA and the Pierce House.*

### FREE Mental Health Clinics

Tuesdays, March 1, 8, 15, & 22 (adult)

Wednesdays, March 2, 9, 16, 23 & 30 (adolescent)

**The Lincoln Mental Health Clinics are available to town residents of all ages.**

Appointments are held by Zoom, phone, or in person. Call Abigail at 781-259-8811 for an appointment. Staffed by: Sara Hickey, MSW, LCSW, Outpatient Clinician and Coordinator of Intake Services at Eliot Community Human Services.

*Sponsored by the Lincoln Board of Health.*



### FREE Hearing Screening Clinic

Tuesday, March 22 from 11:00AM-2:00PM



Dr. Traci Ring, from Audiology & Hearing Solutions, Inc. will be at Bemis Hall to offer hearing screenings. When someone has a problem with hearing, the best way to find a solution is to see an audiology professional. Dr. Ring is a licensed audiologist, and earned her clinical Doctorate of Audiology from University of Kansas.

### FREE Legal Clinic

Friday, March 18 from 2:00-4:00PM

Do you have a question about issues such as: estate planning, MassHealth, guardianship, conservatorship, or probate? The COA&HS is pleased to provide a FREE monthly legal clinic with elder law attorney Sasha Golden. Call 781-259-8811 to sign up for a twenty-five minute consultation. When you call to schedule your appointment, tell us what works best for you; In-person, by phone, or virtual.



*SPEND TIME WITH OTHERS*

**Men’s Coffee** You are invited to visit with old friends & meet new ones.  
Fourth Thursday of the month at 9:30 am, in person/hybrid, Bemis Hall.

**French Conversation** Brush up on your French speaking skills.  
Second and fourth Monday of the month at 9:30 am via Zoom.



**German Conversation** Come enjoy speaking German.  
First and third Friday of the month at 10:00 am via Zoom.

**Russian Conversation** All welcome whether a native speaker, beginner, or in-between!  
First and third Wednesday of the month at 12:30 pm at Bemis Hall.

**Ukulele Gathering** Bring your ukulele and come play with friends both old and new.  
Second and fourth Thursday of this month at 3:00 pm at Bemis Hall.

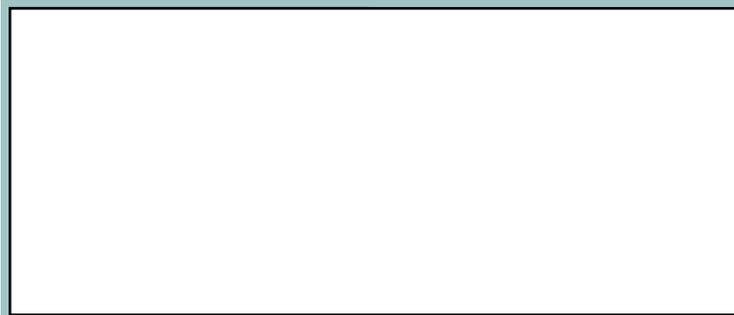
**Knitting Group** Come work on your PhD (Projects Half Done) with us!  
Every Tuesday of the month, 9:30—11:00 am at Bemis Hall.



**Open Art Studio** Complete a paint-by-number masterpiece or use our art supplies (e.g. watercolors, pastels, etc.) and try something new.

Every Wednesday of the month, 3:00—4:00 pm at Bemis Hall.

**Memoirs Group** Write and share your story. Hear the stories of others. Sign up required.  
Every other Wednesday of the month, 10:00—12:00 pm via Zoom, March 9 through May 18.




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# MARCH

MONDAY	TUESDAY	WEDNESDAY
	<p><b>1</b></p> <p>9:30—11:00 Knitting Group            11:15 Stretch and Flex            12:15 Active Aging  <b>1:00 Noticing Walks in Nature</b>            2:15—4:30 <u>FREE</u> Mental Health Clinic</p>	<p>9:30—12:30 SHINE Office Hours            11:00 Line Dancing            12:30 Russian Conversation            1:00 Tai Chi 1            2:00 Tai Chi 3            3:00 Open Art Studio</p>
<p><b>7</b></p> <p>2:00 Tai Chi 1            3:00 Tai Chi 2</p>	<p><b>8</b></p> <p>9:30—11:00 Knitting Group            9:30 FLCOA Meeting            11:15 Stretch and Flex            12:15 Active Aging            1:00 COA Board Meeting            2:45—4:15 <u>FREE</u> Mental Health Clinic</p>	<p><b>8:45—10:45 Podiatry Clinic</b>  <b>8:45—10:45 Wellness Clinic</b>            10:00 Memoirs Group            11:00 Line Dancing            1:00 Tai Chi 1            2:00 Tai Chi 3            3:00 Open Art Studio</p>
<p><b>14</b></p> <p>9:30 French Conversation            2:00 Tai Chi 1            3:00 Tai Chi 2</p>	<p><b>15</b></p> <p>9:30—11:00 Knitting Group            11:15 Stretch and Flex            12:15 Active Aging            2:15—4:30 <u>FREE</u> Mental Health Clinic</p>	<p>11:00 Line Dancing            11:00 Chat with Town Nurse  <b>11:00 Caregiver Support Group</b>            12:30 Russian Conversation            1:00—4:00 SHINE Office Hours            1:00 Tai Chi 1            2:00 Tai Chi 3            3:00 Open Art Studio</p>
<p><b>21</b></p> <p>2:00 Tai Chi 1            3:00 Tai Chi 2</p>	<p><b>22</b></p> <p><b>8:45—1:45 Podiatry Clinic</b>  <b>8:45—1:45 Wellness Clinic</b>            9:30—11:00 Knitting Group  <b>11:00—2:00 FREE Hearing Screenings</b>            11:15 Stretch and Flex            12:15 Active Aging            2:45—4:15 <u>FREE</u> Mental Health Clinic</p>	<p>10:00 Memoirs Group            11:00 Line Dancing            1:00 Tai Chi 1            2:00 Tai Chi 3            3:00 Open Art Studio</p>
<p><b>28</b></p> <p>9:30 French Conversation  <b>10:00—12:00 Wellness Clinic LW</b>            2:00 Tai Chi 1            3:00 Tai Chi 2</p>	<p><b>29</b></p> <p>9:30—11:00 Knitting Group            11:15 Stretch and Flex            12:15 Active Aging</p>	<p>11:00 Line Dancing            1:00 Tai Chi 1            2:00 Tai Chi 3            3:00 Open Art Studio</p>

## COUNCIL ON AGING & HUMAN SERVICES INFORMATION

**COA&HS:** located in Bemis Hall, 15 Bedford Road  
**Send mail to:** c/o Town Offices, 16 Lincoln Road  
**Phone:** (781) 259-8811.

**E-mail:** [butta@lincolntown.org](mailto:butta@lincolntown.org)  
**Website:** [www.lincolntown.org](http://www.lincolntown.org)  
**Hours:** Monday through Friday, 8:30 — 4:30 pm

### Would You Like to Participate in a COA&HS activity but cannot afford the cost?

Call the COA&HS and ask to speak with Abigail or Amy to find out more about our scholarship program.

*Disclaimer: The COA&HS does not specifically endorse any service or product advertised herein. We encourage our readers to investigate any service or product they may consider using in order to make an informed decision.*

I 2022		
	THURSDAY	FRIDAY
2	3	4
Office Hours tion	9:00—12:00 Veterans Office Hours 9:15 Tai Chi 1 10:15 Tai Chi 2 11:15 Stretch and Flex 12:15 Active Aging 1:30—4:30 Tech Tutoring	10:00 German Conversation 10:00 SAIL/Balance <b>1:00 The Mumbet &amp; Q. Walker Cases: The Legal End to Slavery in MASS Zoom with Professor Ron Chester</b>
9	10	11
clinic clinic	9:00—12:00 Veterans Office Hours 9:15 Tai Chi 1 10:15 Tai Chi 2 <b>10:00 Conversation with Select J. Glass</b> 11:15 Stretch and Flex 12:15 Active Aging 3:00 Ukulele Gathering	10:00 SAIL/Balance <b>1:00 Meditation Zoom with Lynne</b>
16	17	18
Group hours	9:00—12:00 Veterans Office Hours 9:15 Tai Chi 1 10:15 Tai Chi 2 11:15 Stretch and Flex 12:15 Active Aging 1:30—4:30 Tech Tutoring	10:00 German Conversation 10:00 SAIL/Balance <b>1:00 Gropius House Zoom Tour with Wendy Hubbard</b> <b>2:00—4:00 Legal Clinic</b>
23	24	25
	9:00—12:00 Veterans Office Hours 9:30—10:30 Men's Coffee at Bemis Hall 9:15 Tai Chi 1 10:15 Tai Chi 2 11:15 Stretch and Flex 12:15 Active Aging 3:00 Ukulele Gathering	10:00 SAIL/Balance
30	31	
	9:00—12:00 Veterans Office Hours 9:15 Tai Chi 1 10:15 Tai Chi 2 11:15 Stretch and Flex 12:15 Active Aging	

## Lincoln Cable TV

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# \*NEW\* SENIOR EARNED INCOME TAX CREDIT

The American Rescue Plan Act (ARPA) has temporarily expanded the existing federal earned income tax credit (EITC). In the past, the EITC has been primarily for low-wage workers. Eligibility has been broadened and the maximum credit has been increased. This newly eligible population consists of those over the age of 65 and childless adults between the ages of 19-24.

The expansion goes into effect this year (for those with earnings in tax year 2021) and will benefit millions of adults. The maximum EITC is roughly \$1,500. The income limit to qualify is about \$21,000 (\$27,000 for couples filing jointly). Eligible individuals must file their taxes to get the credit, even if they don't owe federal income tax.



## !Tax Preparation Update!

The AARP Tax Aide program is back up and running. Our tax aide volunteers are eager to assist you. They help to complete and file your taxes. This is a FREE program. Tax aide volunteers will be in the building assisting clients weekly by scheduled appointments. Call Amy at 781-259-8811 to sign up for an appointment and to receive the necessary paperwork.

	<p><b>GROW YOUR BUSINESS BY PLACING AN AD HERE!</b></p> <p><b>CONTACT US!</b></p> <p>Contact Lisa Templeton to place an ad today!  <a href="mailto:ltempleton@lpicommunities.com">ltempleton@lpicommunities.com</a>  or (800) 477-4574 x6377</p> 
 <p><b>JOCELYN FINLAY PHOTO</b></p> <p>JocelynFinlay.com</p> <p>Contact Jocelyn to find out more  <a href="mailto:jefinlay@gmail.com">jefinlay@gmail.com</a>  617-468-4714</p>	<p><b>TRAIN with SHAIN</b></p> <p>IN HOME PERSONAL TRAINING FOR SENIORS</p> <p>Gait, Balance/Fall Prevention &amp; Strength Training</p> <p><b>(508) 231-6378</b></p> <p><a href="http://www.trainwithshain.net">www.trainwithshain.net</a></p> <p><b>FULLY INSURED</b></p>

**\*Pre-registration is required for all exercise classes\***

Contact Amy, 781-259-8811 x102 or email [gagnea@lincolntown.org](mailto:gagnea@lincolntown.org) to pre-register.

### In Person Exercise at Bemis Hall



**Terri Zaborowski**

#### Stretch and Flex Classes with Terri

**Tuesdays and Thursdays** Cost, \$3.00/class

11:15-12:00 pm – Bemis Hall

Designed to help maintain strength, flexibility, and independence with both standing and seated exercises using resistance bands. Warm-up moving your body and joints through their full range of motion without resistance to the music. Strengthening your muscles with various upper and lower body exercises. Full body stretch designed to lower your heart rate, relieve stress, increase flexibility, and leave you feeling great! Resistance bands are provided. Class can be done seated or standing.

#### Active Aging Classes with Terri

**Tuesdays and Thursdays** Cost, \$3.00/class

12:15-1:00 pm – Bemis Hall

Functional fitness class with exercises designed to help seniors maintain strength, balance, and independence. Designed for every fitness level with modifications and adaptations. Flexibility training to increase joint range of motion. Balance exercises to improve gait and confidence. Resistance training to build lean muscle and increase bone density all to the beat of the music! Finish with a 5-minute stretch.

#### Line Dancing with Katrina

**Wednesdays** Cost, \$3.00/class

11:00-12:00 pm – Bemis Hall

Enjoy the fun of line dancing. All levels are welcome to participate. Maybe you've done a little line dancing at a wedding or party, loved it, and wished you could do more? Maybe you are a single person who would love a form of dance where a partner isn't needed? Maybe you just might be looking for something new to try and get a little exercise too! Learn the basic steps and be dancing in minutes.



**Katrina Rotondi**

### Virtual Exercise via Zoom

#### SAIL Fitness with Derry

**Fridays** Cost, \$3.00/class or \$60.00/session

10:00 am-10:45 am

**Winter Session runs Dec. 3 – April 29. Winter Session consists of 20 classes.** Join Derry Tanner, retired nurse and certified personal trainer for Stay Active and Independent for Life (SAIL). Strength, balance, and flexibility exercises make you stronger and feel better. All you need to participate is comfortable clothing, a sturdy chair and light weights if you have them.

#### Tai Chi with Jane, Ellie, & Cynthia

**Winter Session runs Jan. 3 – March 24.** This gentle practice works the joints and muscles to increase flexibility, strength, balance, and circulation. For info, contact Jane Moss, 781-259-9822/[jbmoss123@comcast.net](mailto:jbmoss123@comcast.net). Openings available in Thursday classes. **Please note: No Tai Chi on Monday, Feb. 21.**

Tai Chi (Beginner/Level 1)

**Mondays at 2:00pm, Wednesdays at 1:00PM, & Thursdays at 9:15am.**

Tai Chi (Advanced/Level 2)

**Monday at 3:00pm, Level 2 (Advanced) & Thursday 10:15am.**

Tai Chi (Advanced/Level 3)

**Wednesday at 2:00pm, Level 3 (Advanced).**

*Fitness classes subsidized by the MA Executive Office of Elder Affairs and by FLCOA.*



**Derry Tanner**



**Jane Moss**



**Ellie Horwitz**



## ***March Special Zoom Events***



### **The Mumbet and Quock Walker Cases: The Legal End to Slavery in Massachusetts** Friday, March 4 at 1:00PM



In 1781, Elizabeth Freeman, known as “Mumbet,” successfully sued for her freedom from the bonds of slavery in a pivotal case argued before the Massachusetts courts. In the same year, Quock Walker, also sued for his freedom, won, and was declared free. The argument that won in each case was that slavery was unconstitutional under the Massachusetts Constitution. Professor Chester will explain these cases and their importance. To sign up email [gagnea@lincolntown.org](mailto:gagnea@lincolntown.org).



### **Meditation with Lynne La Spina** Friday, March 11 at 1:00PM

During stressful times, learning relaxation techniques are positive things we can do, and meditation is one of the easiest ways to relieve stress, worry, and sadness. Find a comfortable seat and join meditation with Lynne. To sign up for this FREE zoom, email [gagnea@lincolntown.org](mailto:gagnea@lincolntown.org).



### **Gropius House Virtual Tour with Wendy Hubbard** Friday, March 18 at 1:00PM



Walter Gropius, founder of the German design school known as the Bauhaus, was one of the most influential architects of the 20th century. Join Wendy Hubbard, Lincoln Site Manager for a virtual tour of his family home in Lincoln—the Gropius House. Gropius combined the traditional elements of New England architecture, such as wood, brick, and fieldstone. In keeping with Bauhaus philosophy, every aspect of the house and its surrounding landscape was planned for maximum efficiency and design simplicity. With all the family possessions still in place, the house is a treasure. To sign up for this zoom, email [gagnea@lincolntown.org](mailto:gagnea@lincolntown.org).

### **Mission Statement**

**The Lincoln Council on Aging and Human Services is a welcoming organization that embraces diversity, equity, and inclusion. The COA&HS strives to enrich the lives of Lincoln residents 60 years of age or older (approximately 1/3 of the population) and assist older residents to remain safely and independently in our community. In addition, the COA&HS provides services to Lincoln residents of all ages who are in a serious financial crisis or who need help in caring for elders. We also develop new social services resources for residents of all ages in collaboration with other Town departments and organizations. Most of our educational, social, and recreational activities are open to people of all ages.**



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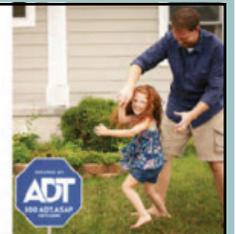
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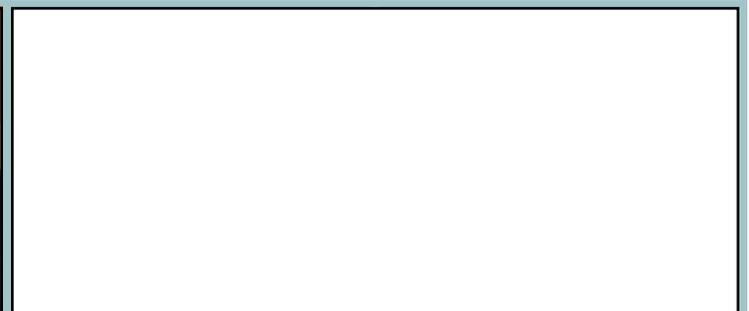
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**U.S. Postage Paid**  
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**Lincoln, MA 01773**

**EGR-WSS**  
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**Lincoln, MA 01773**

**Reminder: Lincoln Town Meeting Saturday, March 26**  
**“Be the change you wish to see in the world” ~ Gandhi**

## **GOING ON IN AND AROUND LINCOLN**

**SAVE THE DATE - SUMMER TOP OF THE TOWN - JUNE 23, 5-8 pm**

### **2022 Scholarship Information**

Information about scholarships and awards offered by the Lincoln Scholarship Committee was posted on the Town Website on February 1. Completed applications are due Thursday, March 31. Interviews take place April 27 and 28. For details about varying eligibility requirements, please check the instructions for 2022 applicants and the application at:

[www.lincolntown.org/DocumentCenter/View/58675/22-Lincoln-Scholarship-Application?bidId=.](http://www.lincolntown.org/DocumentCenter/View/58675/22-Lincoln-Scholarship-Application?bidId=)

For more info, please contact [lincolnscholarship@lincolntown.org](mailto:lincolnscholarship@lincolntown.org).

### **Race & Health Equity in Boston:**

#### **How Can We Achieve Healthy Communities For All?**

Thursday, March 10 at 7:00PM via Zoom

### **Environmental Justice is Racial Justice:**

#### **Centering Equity in Our Region's Climate Movement**

Thursday, March 31 at 7:00PM via Zoom

For more info: [www.fplincn.org/calendar](http://www.fplincn.org/calendar) ~ Hosted by FP Racial Justice Advocates

### **Inclement Weather Policy**

If the Lincoln Public Schools are closed due to weather, all COA&HS *in person* activities and meetings are cancelled. If the schools are delayed/close early, it is at the discretion of staff and individual instructors whether activities will be held. If the schools are not closed, but the weather is bad, call 781-259-8811 before coming to see if appointments are cancelled. Every effort will be made to contact scheduled participants regarding cancellations.