

**TOWN OF LINCOLN  
PARKS & RECREATION DEPT.  
16 LINCOLN ROAD  
LINCOLN, MA 01773**

**BULK RATE  
U.S. POSTAGE  
PERMIT NO. 11  
LINCOLN, MA  
ECRWSS**

# ***CODMAN POOL 2017 SEASON***

**JUNE 10 - AUGUST 27, 2017**

**POSTAL CUSTOMER  
LINCOLN, MA 01773**

# CODMAN POOL INFORMATION

## HOURS OF OPERATION

JUNE 10 - AUGUST 11

Monday - Saturday

12:30 - 8:00 pm

Sunday

12:30 - 6:30 pm

*July 4th hours will be 12:00 - 7:00 pm*

AUGUST 12 - AUGUST 27

Sunday - Wednesday

12:30 - 6:30 pm

Thursday - Saturday

12:30 - 7:30 pm

## CLOSING POLICIES

Pool closure and reopening decisions will be made solely by the Codman Pool Staff. REFUNDS WILL NOT BE GIVEN FOR THE ROUTINE CLOSURES LISTED BELOW.

- *Weather Closures* - For safety purposes, the Codman Pool will immediately close at the first sign of thunder, lightening or severe weather, and will remain closed at least 30 minutes from the last sign of thunder, lightening or severe weather. During this time, patrons will not be allowed to remain within the pool enclosure, and are strongly encouraged to seek shelter.
- *Health & Safety Closures* - In the event the pool water chemistry fails to comply with State Regulations, whether from excessive bather load, equipment malfunction, swimmer incident or other unforeseen event, the pool will be closed to bathers until the water chemistry is brought back into compliance.

## REFUND POLICIES

### Memberships

If you cancel for any reason, you must do so two weeks before the opening of the pool. All requests must be submitted in writing. *You will be refunded 80%.*

### Swim Team

If you cancel for any reason, you must do so on or before June 7, 2017. All requests must be submitted in writing. *You will be refunded 80%.*

### Swim Lessons

If you cancel for any reason, you must do so two weeks before the start of the first class. All requests must be submitted in writing. *You will be refunded 80%.*

1. **Children must be 11 YEARS OLD and pass the swim test to be left alone at the pool. Otherwise, children must be with a responsible person at least 16 years of age.**
2. Swim tests can be given by any SUPERVISOR. The test consists of swimming 2 lengths of the pool in a designated time, a head submersion, and treading water for 1 minute. Swimmers must pass the swim test every summer in order to swim outside the designated shallow area. Swimmers must take the swim test every summer until their 16<sup>th</sup> birthday.
3. The pool will be closed to the public during Camp swim lessons, swim team practices, and swim team meets. Sections of the pool may be closed during Town swim lessons.
4. After 6:00 pm the pool is reserved for families and adult swimming. All children under the age of 16 must be accompanied by an adult over the age of 21.
5. A bathing suit is required of all swimmers. Babies can use the main pool only if they are wearing swim diapers.
6. No children over the age of 7 should use the Splash Pool. Parents/guardians are responsible for watching their children while using the Splash Pool.
7. **Food and beverages are not allowed on the pool deck or in the bathhouse. NO GLASS OR CERAMIC CONTAINERS ARE ALLOWED WITHIN THE GATED AREA!**
8. Smoking is not allowed anywhere on the school grounds including the areas in and around the pool.
9. No animals or vehicles are allowed within the pool fence.
10. Swimmer's aids, fins, snorkels, floatation devices and inflatable toys are not allowed unless approved by the pool director.
11. Diving is allowed only in the designated diving well.
12. The office phone is for staff and emergency use only.
13. All swimmers must shower before entering the pool.
14. No turf shoes with cleats or spikes allowed within the fenced area.
15. No running, pushing, riding on shoulders or unnecessary splashing in or around the pool.
16. All patrons shall conduct themselves in a manner befitting responsible members of the community. Reckless and thoughtless actions will not be tolerated.
17. No person with a communicable disease will be permitted to swim in the pool.
18. Patrons who fail to obey these rules may be asked to leave and may have their membership privileges revoked for the summer or in extreme cases, permanently.
19. The Pool Director and Lifeguards have the authority to enforce these rules and to take any necessary action to guarantee the safety of all.

**Codman Pool (781) 259-0221**  
**Parks & Recreation Department (781) 259-0784**

**CODMAN POOL RULES & REGULATIONS**

# CODMAN SWIM LESSONS

## CLASS DESCRIPTIONS

All lessons adhere to American Red Cross guidelines.  
Registration is accepted on a first-come, first-serve basis.  
Lessons meet Monday thru Friday.  
*Classes cannot be rescheduled for weather!*

**Guppy (Age 3 by June 1, 2017):** Participants have limited fear of the water & are willing to put their face in the water. Parent/guardian must be willing to get in the water if needed.

**Learn to Swim Level I: Water Exploration (Entering K, Fall 2017)**  
Participants are introduced to the water and taught floating and kicking on their front and back. This level is for those who have little or no fear of the water.

**LTS Level II: Primary Skills (Beginner)**  
Participants should be comfortable in the water. Ability to fully submerge face, float and kick on stomach and back is needed.

**LTS Level III: Stroke Readiness (Advanced Beginner)**  
Participants should be able to hold their breath and submerge face, bob ten times and alternate their arms while kicking on their stomach and back.

**LTS Level IV: Stroke Development (Intermediate)**  
Participants are able to jump into deep water, dive from kneeling position, perform elementary backstroke kick and breathe to side during front crawl.

**LTS Level V: Stroke Refinement (Swimmer)**  
Participants are able to perform the elementary backstroke, front and back crawl, kicks for the breaststroke and sidestroke, along with a standing dive.

**LTS Level VI: Skill Proficiency (Advanced Swimmer)**  
Participant should be comfortable diving and able to perform the breaststroke, sidestroke, under water swim and fly kick.

## LESSON DATES

Session 1 July 3 - July 14  
*No lessons on July 4th*

Session 2 July 17 - July 28

Session 3 July 31 - August 11



## LESSON SCHEDULE

1:45 - 2:15 pm Guppy & Level 1

2:15 - 2:45 pm Levels 4, 5, & 6

2:45 - 3:15 pm Levels 2 & 3



## ***THE BASICS***

- Codman Swim Team is for children ages 5 - 18. (Must be 5 by July 1, 2017.)
- Practice is from June 19 through August 4. Practices are: 7:15 - 8:00 am, 8:00 - 8:45 am, and/or 8:45 - 9:30 am. Please choose the time that best fits your families needs.
- Swim meets are held on Saturday mornings or some weeknights. Contact the Parks & Recreation Office or the Pool for a schedule. Championships are scheduled for August 5.

## ***PARENT/SWIMMER INFORMATION NIGHT***

- The parent/swimmer information night is MANDATORY for new members of the Codman Swim Team. Date & time will be posted by the end of May. Swimmers should be prepared to get in the water.
- After a brief introduction, we'll hold break-out sessions for specific training for parents on the various volunteer positions that we need to fill at each swim meet.
- The volunteer activity of our parents is critical in the successful running of both our home and away meets.

## ***COMMUNITY SERVICE COACHES***

- This opportunity is for our older swimmers to gain coaching experience. Swimmers ages 14 & up, who are interested in developing coaching skills, will provide coaching assistance for the younger swimmers.
- Interested volunteers should contact the Parks & Recreation Office for a Volunteer Application Form. A minimum of 2 days per week is required. Applications are due by June 1.

**CODMAN SWIM TEAM**

# CODMAN POOL FEES

<b>LINCOLN RESIDENT MEMBERSHIPS</b>	
<b>MEMBERSHIPS</b>	<b>PRICES</b>
<b>FAMILY MEMBERSHIP</b> <i>Membership includes 2 adults (over age 21) and any number of children under the age of 21.</i>	\$250
<b>FAMILY SWIM &amp; TENNIS MEMBERSHIP</b> <i>Membership includes 2 adults (over age 21) and any number of children under the age of 21.</i>	\$340
<b>INDIVIDUAL MEMBERSHIP</b> <i>Membership includes 1 person over the age of 11, pending passage of swim test.</i>	\$130
<b>SENIOR MEMBERSHIP</b> <i>Membership includes 1 person over the age of 60</i>	\$80
<b>SENIOR FAMILY MEMBERSHIP</b> <i>Membership includes 2 adults (over age 60) and any number of children or grandchildren under the age of 21.</i>	\$150
<b>GUEST PASS</b> <i>Pass is good for any 1 person attending the pool with someone in your membership (Limit 1 per membership)</i>	\$65
<b>NON-RESIDENT MEMBERSHIPS</b>	
<b>MEMBERSHIPS</b>	<b>PRICES</b>
<b>FAMILY MEMBERSHIP</b> <i>Membership includes 2 adults (over age 21) and any number of children under the age of 21.</i>	\$545
<b>INDIVIDUAL MEMBERSHIP</b> <i>Membership includes 1 person over the age of 11, pending passage of swim test.</i>	\$315
<b>SENIOR MEMBERSHIP</b> <i>Membership includes 1 person over the age of 60</i>	\$145
<b>GUEST PASS</b> <i>Pass is good for any 1 person attending the pool with someone in your membership (Limit 1 per membership)</i>	\$65

<b>CODMAN SWIM TEAM MEMBERSHIPS</b>	
<b>MEMBERSHIPS</b>	<b>PRICES</b>
<b>CODMAN POOL MEMBER</b> <i>This membership is only for those that have purchased 2017 Memberships</i>	\$150
<b>NON-POOL MEMBERS</b> <i>This membership option is only for Lincoln Residents</i>	\$205
<b>CODMAN POOL SWIM LESSONS</b>	
<b>MEMBERSHIPS</b>	<b>PRICES</b>
<b>CODMAN POOL MEMBER</b> <i>This membership is only for those that have purchased 2017 Memberships</i>	Session 1 \$108  Sessions 2 & 3 \$120
<b>NON-POOL MEMBERS</b> <i>This membership option is only for Lincoln Residents</i>	Session 1 \$167  Sessions 2 & 3 \$185
<b>CODMAN POOL DAILY FEES</b>	
<b>OPTIONS</b>	<b>PRICES</b>
AGES 3 & UP	\$10 per day*
<i>*If you are a guest of a current member of the pool, the cost is \$5 per day.</i>	
AGES 2 & UNDER	FREE
5 AFTER 5	\$5 after 5:00 pm