

**LINCOLN  
PARKS & RECREATION  
DEPARTMENT**

***CODMAN POOL***

***2016 SEASON***

***JUNE 11 -  
AUGUST 28, 2016***

***WWW.LINCOLNREC.COM***



LINCOLN PARKS & RECREATION



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# **PARKS & RECREATION DEPARTMENT**

## **Contact Numbers**

Codman Pool (781) 259-0221  
PRD Phone (781) 259-0784  
PRD Fax (781) 259-1333

## **Website**

[www.LincolnRec.com](http://www.LincolnRec.com)  
[www.Facebook.com/Lincolnrecma](http://www.Facebook.com/Lincolnrecma)

## **Mailing Address**

16 Lincoln Road  
Lincoln, MA 01773

## **Office Location**

Hartwell A Pod, Room 8  
Ballfield Road, Lincoln, MA 01773

## **Staff Members**

Dan Pereira, *Director*  
[dpereira@lincnet.org](mailto:dpereira@lincnet.org)

Stacey Mulroy, *Assistant Director*  
[smulroy@lincnet.org](mailto:smulroy@lincnet.org)

Laurie Dumont, *Office Manager*  
[ldumont@lincnet.org](mailto:ldumont@lincnet.org)

## **Committee Members**

Doug Carson  
Patty Donahue  
Jonathan Dwyer, *Chair*  
Chris Fasciano  
Margit Griffith  
Ginger Reiner

## **Events Sub-Committee**

Jonathan Dwyer, *Chair*



# REGISTRATION INFORMATION

## ONLINE:

- Visit [www.lincolnrec.com](http://www.lincolnrec.com)
- Click on the blue 'Register Now' box
- Click Login
- Click Register for Activities
- Pay with your CC online

## WALK - IN:

Stop by the PRD Office:

Lincoln School Campus  
Ballfield Road  
Hartwell A Pod, Room 8

Fill out our Registration Form and  
Pay with your CC, check or cash

## MAIL TO:

Fill out our Registration Form on Page  
14 and mail it to :

Lincoln Parks & Recreation  
16 Lincoln Road  
Lincoln, MA 01773

Please mail checks only.

## Admittance

The Parks & Recreation Department offers membership, swim lessons and swim team membership to Lincoln Residents. Patrons are accepted on a first come, first serve basis, once registration is open. Patrons must register and pay in full prior to attending the Codman Pool. Lincoln Residents can opt to pay the daily fee (see Page 11). Patrons must adhere to the Rules & Regulations set forth by the Parks & Recreation Department.

## Non-Residents

The Parks & Recreation Department offers a limited number of Non-Resident memberships each summer on a first-come, first-serve basis, once registration is open. Patrons must register and pay in full prior to attending the Codman Pool. Non-residents cannot pay the daily fee to be admitted to the pool. They must either be members or guests of members. Patrons must adhere to the Rules & Regulations set forth by the Parks & Recreation Department.

## Financial Assistance

Financial assistance is available to Lincoln Residents. Please fill out our Financial Aid Form located on our website or in our office. All requests must be received at least 2 weeks before the pool opens.

## Online Registration

All of our memberships, swim lessons and swim team spots are available online at [www.lincolnrec.com](http://www.lincolnrec.com). Participants seeking financial aid or other arrangements must register in person at the Parks & Recreation Office.

## Waitlist

If the Swim Team and/or Swim Lessons you register for are FULL, you will be notified and placed on a waitlist. If an opening becomes available we will contact you.

## Waitlist for Non-Residents

If the membership you register for is FULL, you will be notified and placed on a waitlist. If an opening becomes available, we will contact you.

## Cancellations

The Parks & Recreation Department reserves the right to cancel programs which do not support themselves. If a swim lesson must be cancelled due to weather, instructor illness, facility issues, etc., the Parks & Recreation Department will make every effort to contact participants. Swim lessons and swim team practices do not have make-ups.

## Payment

Memberships must be purchased online or at the Parks & Recreation Office. Memberships cannot be purchased at the pool. Please make all checks payable to the Town of Lincoln. Cash, Visa & Mastercard are also accepted. Full payment must accompany registration unless otherwise noted in the brochure.

## Visit our Website

[www.lincolnrec.com](http://www.lincolnrec.com)  
You will find updated programming information as well as park and facility information. The website is updated on an ongoing basis, so check back frequently for event and program updates.

## Refund Policy - Memberships

If you cancel for any reason, you must do so **two weeks before the opening of the pool**. All requests must be submitted in writing. **You will be refunded 80%**. We do not issue credit card refunds.

## Refund Policy - Swim Team

If you cancel for any reason, you must do so **on or before June 7, 2016**. All requests must be submitted in writing. **You will be refunded 80%**. We do not issue credit card refunds.

## Refund Policy - Swim Lessons

If you cancel for any reason, you must do so **two weeks before the start of the first class**. All requests must be submitted in writing. **You will be refunded 80%**. We do not issue credit card refunds.

## Accessibility

The Parks & Recreation Department strives to make the Codman Pool accessible to all. If patrons have any special needs, they should contact the Parks & Recreation Director in advance.

## Typo, Errors, We Goofed!?

Occasionally there may be an error or change in the day, times, fees or location in the brochure. If so, we will do everything possible to correct the situation promptly. Thank you for your patience and understanding should these situations arise.

## Like Us?

Now you can Like us on Facebook!  
You can find us at  
[www.facebook.com/lincolnrecma](http://www.facebook.com/lincolnrecma)

# CODMAN POOL INFORMATION

HOURS OF OPERATION	
JUNE 11 - AUGUST 5	
Monday - Saturday	12:30 - 8:00 pm
Sunday	12:30 - 6:30 pm
<i>July 4th hours will be 12:00 - 7:00 pm</i>	
AUGUST 6 - AUGUST 28	
Sunday - Wednesday	12:30 - 6:30 pm
Thursday - Saturday	12:30 - 7:30 pm

## ***CODMAN POOL CLOSING POLICIES***

Pool closure and reopening decisions will be made solely by the Codman Pool Staff.  
REFUNDS WILL NOT BE GIVEN FOR THE ROUTINE CLOSURES LISTED ABOVE.

- ***Weather Closures*** - For safety purposes, the Codman Pool will immediately close at the first sign of thunder, lightening or severe weather, and will remain closed at least 30 minutes from the last sign of thunder, lightening or severe weather. During this time, patrons will not be allowed to remain within the pool enclosure, and are strongly encouraged to seek shelter.
- ***Heath & Safety Closures*** - In the event the pool water chemistry fails to comply with State Regulations, whether from excessive bather load, equipment malfunction, swimmer incident or other unforeseen event, the pool will be closed to bathers until such time as the water chemistry is brought back into compliance.



## **CODMAN POOL**

### **2016 RULES & REGULATIONS**

1. Children must be 11 YEARS OLD and pass the swim test to be left alone at the pool. Otherwise, children must be with a responsible person at least 16 years of age.
2. Swim tests can be given by any SUPERVISOR. The test consists of swimming 2 lengths of the pool in a designated time, a head submersion, and treading water for 1 minute. Swimmers must pass the swim test every summer in order to swim outside the designated shallow area. Swimmers must take the swim test every summer until their 16<sup>th</sup> birthday.
3. The pool will be closed to the public during Camp swim lessons, swim team practices, and swim team meets. Sections of the pool may be closed during Town swim lessons.
4. After 6:00 pm the pool is reserved for families and adult swimming. All children under the age of 16 must be accompanied by an adult over the age of 21.
5. A bathing suit is required of all swimmers. Babies can use the main pool only if they are wearing swim diapers.
6. No children over the age of 8 should use the Wading Pool. Parents/guardians are responsible for watching their children while using the Wading Pool.
7. **Food and beverages are not allowed on the pool deck or in the bath-house. NO GLASS OR CERAMIC CONTAINERS ARE ALLOWED WITHIN THE GATED AREA!**
8. Smoking is not allowed anywhere on the school grounds including the areas in and around the pool.
9. No animals or vehicles are allowed within the pool fence.
10. Swimmer's aids, fins, snorkels, floatation devices and inflatable toys are not allowed unless approved by the pool director.
11. Diving is allowed only in the designated diving well.
12. The office phone is for staff and emergency use only.
13. All swimmers must shower before entering the pool.
14. No turf shoes with cleats or spikes allowed within the fenced area.
15. No running, pushing, riding on shoulders or unnecessary splashing in or around the pool.
16. All patrons shall conduct themselves in a manner befitting responsible members of the community. Reckless and thoughtless actions will not be tolerated.
17. No person with a communicable disease will be permitted to swim in the pool.
18. Patrons who fail to obey these rules may be asked to leave and may have their membership privileges revoked for the summer or in extreme cases, permanently.
19. The Pool Director and Lifeguards have the authority to enforce these rules and to take any necessary action to guarantee the safety of all.

**Codman Pool (781) 259-0221**  
**Parks & Recreation Department (781) 259-0784**

# CODMAN POOL 2016 CALENDAR

## JUNE 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11 <i>Opening Day!</i> 12:30 - 8:00
12 12:30 - 6:30	13 12:30 - 8:00	14 12:30 - 8:00	15 12:30 - 8:00	16 12:30 - 8:00	17 12:30 - 8:00	18 <i>Kids Tri</i> 7:00-11:00 am 12:30 - 8:00
19 12:30 - 6:30	20 12:30 - 8:00	21 12:30 - 8:00	22 12:30 - 8:00	23 12:30 - 8:00	24 12:30 - 8:00	25 12:30 - 8:00
26 12:30 - 6:30	27 <i>Camp Begins!</i> 12:30 - 8:00	28 12:30 - 8:00	29	30		

## JULY 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 12:30 - 8:00	2 12:30 - 8:00
3 12:30 - 6:30	4 <i>4th of July!</i> 12:00 - 7:00	5 12:30 - 8:00	6 12:30 - 8:00	7 12:30 - 8:00	8 12:30 - 8:00	9 12:30 - 8:00
10 12:30 - 6:30	11 12:30 - 8:00	12 12:30 - 8:00	13 12:30 - 8:00	14 12:30 - 8:00	15 12:30 - 8:00	16 12:30 - 8:00
17 12:30 - 6:30	18 12:30 - 8:00	19 12:30 - 8:00	20 12:30 - 8:00	21 12:30 - 8:00	22 12:30 - 8:00	23 12:30 - 8:00
24/31 12:30 - 6:30	25 12:30 - 8:00	26 12:30 - 8:00	27 12:30 - 8:00	28 12:30 - 8:00	29 12:30 - 8:00	30 12:30 - 8:00

# CODMAN POOL 2016 CALENDAR

## AUGUST 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 12:30 - 8:00	2 12:30 - 8:00	3 12:30 - 8:00	4 12:30 - 8:00	5 <i>Camp Ends!</i> 12:30 - 8:00	6 <i>Swim Team Championships!</i> 12:30 - 7:30
7 12:30 - 6:30	8 12:30 - 6:30	9 12:30 - 6:30	10 12:30 - 6:30	11 12:30 - 7:30	12 12:30 - 7:30	13 12:30 - 7:30
14 12:30 - 6:30	15 12:30 - 6:30	16 12:30 - 6:30	17 12:30 - 6:30	18 12:30 - 7:30	19 12:30 - 7:30	20 12:30 - 7:30
21 12:30 - 6:30	22 12:30 - 6:30	23 12:30 - 6:30	24 12:30 - 6:30	25 12:30 - 7:30	26 12:30 - 7:30	27 12:30 - 7:30
28 <i>Pool Closes!</i> 12:30 - 6:30	29 <i>First Day of School!!!</i>	30	31			

## SEPTEMBER 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

# CODMAN POOL SWIM LESSONS

All lessons adhere to American Red Cross guidelines.  
Registration is accepted on a first-come, first-serve basis.  
Lessons meet Monday thru Friday. *Classes cannot be rescheduled for weather!*

## LESSON DATES

Session 1 June 27 - July 8  
(No lesson on July 4th)  
Session 2 July 11 - July 22  
Session 3 July 25 - August 5

## LESSON SCHEDULE

1:45 - 2:15 pm	Guppy and Level 1
2:15 - 2:45 pm	Levels 4, 5, and 6
2:45 - 3:15 pm	Levels 2 and 3

## CLASS DESCRIPTIONS

### **Guppy (Age 3 by June 30, 2016)**

Participants have limited fear of the water & are willing to put their face in the water. Parent/guardian must be willing to get in the water if needed.

### **Learn to Swim Level I: Water Exploration (Entering K, Fall 2016)**

Participants are introduced to the water and taught floating and kicking on their front and back. This level is for those who have little or no fear of the water.

### **LTS Level II: Primary Skills (Beginner)**

Participants should be comfortable in the water. Ability to fully submerge face, float and kick on stomach and back is needed.

### **LTS Level III: Stroke Readiness (Advanced Beginner)**

Participants should be able to hold their breath and submerge face, bob ten times and alternate their arms while kicking on their stomach and back.

### **LTS Level IV: Stroke Development (Intermediate)**

Participants are able to jump into deep water, dive from kneeling position, perform elementary backstroke kick and breathe to side during front crawl.

### **LTS Level V: Stroke Refinement (Swimmer)**

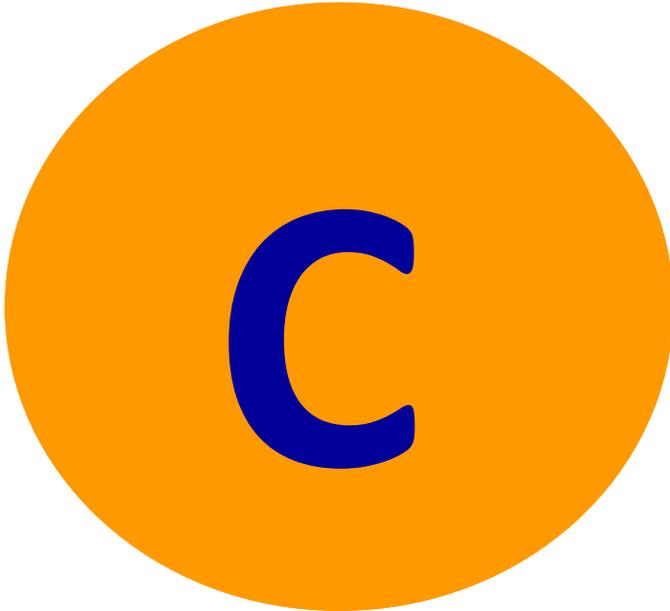
Participants are able to perform the elementary backstroke, front and back crawl, kicks for the breaststroke and sidestroke, along with a standing dive.

### **LTS Level VI: Skill Proficiency (Advanced Swimmer)**

Participant should be comfortable diving and able to perform the breaststroke, side-stroke, under water swim and fly kick.



# CODMAN SWIM TEAM



*The Codman Swim Team has a website!!!*

[www.codmanswimteam.com](http://www.codmanswimteam.com)

All information about the Codman Swim Team is now online. You can download registration forms, the handbook, the volunteer forms and much more.

If you have any questions, or would prefer information mailed to you, please contact the Parks & Recreation Department at (781) 259-0784.

## The Basics

- Codman Swim Team is for children ages 5 - 18. (Must be 5 by July 1, 2016.)
- Practice is from June 26 through August 7. Practices are: **7:15 - 8:00 am**, **8:00 - 8:45 am**, and/or **8:45 - 9:30 am**. Please choose the time that best fits your families needs.
- Swim meets are mostly held on Saturday mornings. Contact the Parks & Recreation Office or the Pool for a schedule. Championships are scheduled for August 6.

## Parent/Swimmer Information Night

- The parent/swimmer information night is **MANDATORY** for new members of the Codman Swim Team. Date and time will be posted by the end of May. New swimmers please come at 5:00 pm. They should be prepared to get in the water.
- After a brief introduction, we will hold break-out sessions for specific training for parents on the various volunteer positions that we need to fill at each swim meet.
- The volunteer activity of our parents is a critical factor in the successful running of both our home and away meets.

## Community Service Coaches

- This opportunity is for our older swimmers to gain coaching experience. Swimmers ages 14 & up, who are interested in developing coaching skills, will provide coaching assistance for the younger swimmers.
- Interested volunteers should contact the Parks & Recreation Office or visit [www.CodmanSwimTeam.com](http://www.CodmanSwimTeam.com) for a Volunteer Application Form. A minimum of 2 days per week is required. Applications are due by June 1.



# CODMAN POOL FEES

## LINCOLN RESIDENT MEMBERSHIPS

<b>MEMBERSHIPS</b>	<b>PRICES</b>
<b>FAMILY MEMBERSHIP</b> <i>Membership includes 2 adults (over age 21) and any number of children or grandchildren under the age of 21.</i>	<b>\$235</b>
<b>FAMILY SWIM &amp; TENNIS MEMBERSHIP</b> <i>Membership includes 2 adults (over age 21) and any number of children or grandchildren under the age of 21.</i>	<b>\$310</b>
<b>INDIVIDUAL MEMBERSHIP</b> <i>Membership includes 1 person over the age of 11</i>	<b>\$120</b>
<b>SENIOR MEMBERSHIP</b> <i>Membership includes 1 person over the age of 60</i>	<b>\$75</b>
<b>SENIOR FAMILY MEMBERSHIP</b> <i>Membership includes 2 adults (over age 60) and any number of children or grandchildren under the age of 21.</i>	<b>\$140</b>
<b>GUEST PASS</b> <i>Pass is good for any 1 person attending the pool with someone in your membership (Limit 1 per membership)</i>	<b>\$60</b>

## NON-RESIDENT MEMBERSHIPS

<b>MEMBERSHIPS</b>	<b>PRICES</b>
<b>FAMILY MEMBERSHIP</b> <i>Membership includes 2 adults (over age 21) and any number of children or grandchildren under the age of 21.</i>	<b>\$475</b>
<b>INDIVIDUAL MEMBERSHIP</b> <i>Membership includes 1 person over the age of 11</i>	<b>\$275</b>
<b>SENIOR MEMBERSHIP</b> <i>Membership includes 1 person over the age of 60</i>	<b>\$125</b>
<b>GUEST PASS</b> <i>Pass is good for any 1 person attending the pool with someone in your membership (Limit 1 per membership)</i>	<b>\$60</b>

# **CODMAN POOL FEES**

## **CODMAN SWIM TEAM MEMBERSHIPS**

<b>MEMBERSHIPS</b>	<b>PRICES</b>
<b>CODMAN POOL MEMBER</b>  <i>This membership is only for those that have purchased 2016 Memberships</i>	<b>\$135</b>
<b>NON-POOL MEMBERS</b>  <i>This membership option is only for Lincoln Residents &amp; cannot be purchased online</i>	<b>\$185</b>

## **CODMAN POOL SWIM LESSONS**

<b>MEMBERSHIPS</b>	<b>PRICES</b>
<b>CODMAN POOL MEMBER</b>  <i>This membership is only for those that have purchased 2016 Memberships</i>	Session 1 <b>\$100</b> Session 2 & 3 <b>\$110</b>
<b>NON-POOL MEMBERS</b>  <i>This membership option is only for Lincoln Residents &amp; cannot be purchased online</i>	Session 1 <b>\$155</b> Session 2 & 3 <b>\$170</b>

## **CODMAN POOL DAILY FEES**

<b>OPTIONS</b>	<b>PRICES</b>
<b>AGES 3 &amp; UP</b>	<b>\$10 per day</b>
<b>AGES 2 &amp; UNDER</b>	<b>FREE</b>
<b>5 AFTER 5</b>	<b>\$5 after 5:00 pm</b>

**DAILY FEES ARE FOR CODMAN POOL MEMBERS, LINCOLN RESIDENTS & THEIR GUESTS**

# CODMAN POOL MEMBERSHIPS

**FORMS MUST BE FILLED OUT COMPLETELY & SIGNED**

Last Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Town/Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

## LINCOLN RESIDENT MEMBER FEES

Family	\$235
Family Swim & Tennis	\$310
Individual	\$120
Senior	\$75
Senior Family	\$140
Guest Pass	\$60 (1 per membership)

## NON-RESIDENT MEMBER FEES

Family	\$475
Individual	\$275
Senior	\$125
Guest Pass	\$60 (1 per membership)

## MEMBERSHIP REFUND POLICY

If you cancel your membership for any reason, you must do so **two weeks before the opening of the pool**. All requests must be submitted in writing. **You will be refunded 80%.**

### Members:

1. \_\_\_\_\_ DOB: \_\_\_\_\_ 4. \_\_\_\_\_ DOB: \_\_\_\_\_

2. \_\_\_\_\_ DOB: \_\_\_\_\_ 5. \_\_\_\_\_ DOB: \_\_\_\_\_

3. \_\_\_\_\_ DOB: \_\_\_\_\_ 6. \_\_\_\_\_ DOB: \_\_\_\_\_

I, the undersigned, as a legal adult or parent/legal guardian of a minor, do hereby consent to my/my child's participation in voluntary athletic or recreation programs of the Town of Lincoln. I also agree to forever release the Town of Lincoln, the Lincoln Parks & Recreation Committee, and all their employees, agents, board members, volunteers and any and all individuals and organizations assisting or participating in voluntary athletic or recreation programs of the Town of Lincoln from any and all claims, rights of action and causes of action that may have arisen in the past, or may arise in the future, directly or indirectly, from personal injuries to myself/my child or property damage resulting from my/my child's participation in the Town of Lincoln's voluntary athletic or recreation programs. I also promise, to indemnify, defend, and hold harmless the Releasees against any and all legal claims and proceedings of any description that may have been asserted in the past, or may be asserted in the future, directly or indirectly, arising from personal injuries to myself/my child or property damage resulting from my/my child's participation in the Town of Lincoln's voluntary athletic or recreation programs. I further affirm that I have read this Consent and Release Form and that that I understand the contents of this Form. I understand that my/my child's participation in these programs is voluntary and that I/my child are free to choose not to participate in said programs. By signing this Form, I affirm that I have decided to allow myself/my child to participate in the Town of Lincoln's athletic or recreation programs with full knowledge that the Releasees will not be liable to anyone for personal injuries and property damage I/my child may suffer in voluntary Town of Lincoln athletic or recreation programs.

I hereby give permission to the Lincoln Parks & Recreation Department to provide routine health care, administer prescribed medications, and seek emergency medical treatment including ordering x-rays or routine tests. I agree to the release of any records necessary for treatment, referral, billing, or insurance purposes. I give permission to the Lincoln Parks & Recreation Department to arrange necessary related transportation for me/my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the Lincoln Parks & Recreation Department to secure and administer treatment, including hospitalization, for the person named above. This completed form may be photocopied.

**Please check this box if you do NOT want your child's picture used in our marketing materials, website or Facebook page.**

Parent or Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

REGISTRATION FORMS CAN BE MAILED TO: THE LINCOLN PARKS & RECREATION DEPARTMENT, 16 LINCOLN RD, LINCOLN, MA 01773  
OR DELIVERED TO THE PARKS & RECREATION OFFICE, HARTWELL A POD, BALLFIELD ROAD, LINCOLN, MA 01773  
PLEASE MAKE CHECKS PAYABLE TO "TOWN OF LINCOLN"

# CODMAN SWIM TEAM REGISTRATION

**FORMS MUST BE FILLED OUT COMPLETELY & SIGNED**

Last Name: \_\_\_\_\_

Address: \_\_\_\_\_ Town/Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

## **CODMAN SWIM TEAM FEES**

Codman Pool Member \$135

Non-Member \*\* \$185

*\*\*Must be a Lincoln Resident to register as a non-member.*

## **CODMAN SWIM TEAM REFUND POLICY**

Swim Team - If you cancel for any reason, you must do so **on or before June 7, 2016**. All requests must be submitted in writing. **You will be refunded 80%.**

**Membership:** Please list the names and ages of all Codman Swim Team members in your family:

1. \_\_\_\_\_ DOB: \_\_\_\_\_ 4. \_\_\_\_\_ DOB: \_\_\_\_\_

2. \_\_\_\_\_ DOB: \_\_\_\_\_ 5. \_\_\_\_\_ DOB: \_\_\_\_\_

3. \_\_\_\_\_ DOB: \_\_\_\_\_ 6. \_\_\_\_\_ DOB: \_\_\_\_\_

*I, the undersigned, as a legal adult or parent/legal guardian of a minor, do hereby consent to my/my child's participation in voluntary athletic or recreation programs of the Town of Lincoln. I also agree to forever release the Town of Lincoln, the Lincoln Parks & Recreation Committee, and all their employees, agents, board members, volunteers and any and all individuals and organizations assisting or participating in voluntary athletic or recreation programs of the Town of Lincoln from any and all claims, rights of action and causes of action that may have arisen in the past, or may arise in the future, directly or indirectly, from personal injuries to myself/my child or property damage resulting from my/my child's participation in the Town of Lincoln's voluntary athletic or recreation programs. I also promise, to indemnify, defend, and hold harmless the Releasees against any and all legal claims and proceedings of any description that may have been asserted in the past, or may be asserted in the future, directly or indirectly, arising from personal injuries to myself/my child or property damage resulting from my/my child's participation in the Town of Lincoln's voluntary athletic or recreation programs. I further affirm that I have read this Consent and Release Form and that that I understand the contents of this Form. I understand that my/my child's participation in these programs is voluntary and that I/my child are free to choose not to participate in said programs. By signing this Form, I affirm that I have decided to allow myself/my child to participate in the Town of Lincoln's athletic or recreation programs with full knowledge that the Releasees will not be liable to anyone for personal injuries and property damage I/my child may suffer in voluntary Town of Lincoln athletic or recreation programs.*

*I hereby give permission to the Lincoln Parks & Recreation Department to provide routine health care, administer prescribed medications, and seek emergency medical treatment including ordering x-rays or routine tests. I agree to the release of any records necessary for treatment, referral, billing, or insurance purposes. I give permission to the Lincoln Parks & Recreation Department to arrange necessary related transportation for me/my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the Lincoln Parks & Recreation Department to secure and administer treatment, including hospitalization, for the person named above. This completed form may be photocopied.*

**Please check this box if you do NOT want your child's picture used in our marketing materials, website or Facebook page.**

Parent or Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

REGISTRATION FORMS CAN BE MAILED TO: THE LINCOLN PARKS & RECREATION DEPARTMENT, 16 LINCOLN RD, LINCOLN, MA 01773  
OR DELIVERED TO THE PARKS & RECREATION OFFICE, HARTWELL A POD, BALLFIELD ROAD, LINCOLN, MA 01773  
PLEASE MAKE CHECKS PAYABLE TO "TOWN OF LINCOLN"

# CODMAN POOL SWIM LESSONS REGISTRATION

**FORMS MUST BE FILLED OUT COMPLETELY.  
A SEPARATE FORM IS REQUIRED FOR EACH PARTICIPANT.**

Participant Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent/Guardian (If under 18): \_\_\_\_\_

Address: \_\_\_\_\_ Town/Zip: \_\_\_\_\_

Day Phone: \_\_\_\_\_ Eve Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Medical/Special Concerns: \_\_\_\_\_

Swim Lessons Level: \_\_\_\_\_ Session: \_\_\_\_\_ Fee: \_\_\_\_\_

Swim Lessons Level: \_\_\_\_\_ Session: \_\_\_\_\_ Fee: \_\_\_\_\_

*I, the undersigned, as a legal adult or parent/legal guardian of a minor, do hereby consent to my/my child's participation in voluntary athletic or recreation programs of the Town of Lincoln. I also agree to forever release the Town of Lincoln, the Lincoln Parks & Recreation Committee, and all their employees, agents, board members, volunteers and any and all individuals and organizations assisting or participating in voluntary athletic or recreation programs of the Town of Lincoln from any and all claims, rights of action and causes of action that may have arisen in the past, or may arise in the future, directly or indirectly, from personal injuries to myself/my child or property damage resulting from my/my child's participation in the Town of Lincoln's voluntary athletic or recreation programs. I also promise, to indemnify, defend, and hold harmless the Releasees against any and all legal claims and proceedings of any description that may have been asserted in the past, or may be asserted in the future, directly or indirectly, arising from personal injuries to myself/my child or property damage resulting from my/my child's participation in the Town of Lincoln's voluntary athletic or recreation programs. I further affirm that I have read this Consent and Release Form and that that I understand the contents of this Form. I understand that my/my child's participation in these programs is voluntary and that I/my child are free to choose not to participate in said programs. By signing this Form, I affirm that I have decided to allow myself/my child to participate in the Town of Lincoln's athletic or recreation programs with full knowledge that the Releasees will not be liable to anyone for personal injuries and property damage I/my child may suffer in voluntary Town of Lincoln athletic or recreation programs.*

*I hereby give permission to the Lincoln Parks & Recreation Department to provide routine health care, administer prescribed medications, and seek emergency medical treatment including ordering x-rays or routine tests. I agree to the release of any records necessary for treatment, referral, billing, or insurance purposes. I give permission to the Lincoln Parks & Recreation Department to arrange necessary related transportation for me/my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the Lincoln Parks & Recreation Department to secure and administer treatment, including hospitalization, for the person named above. This form may be photocopied.*

**Please check this box if you do NOT want your child's picture used in our marketing materials, website or Facebook page.**

Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(If participant is under 18, parent/guardian's signature is required)

REGISTRATION FORMS CAN BE MAILED TO: THE LINCOLN PARKS & RECREATION DEPARTMENT, 16 LINCOLN RD, LINCOLN, MA 01773  
OR DELIVERED TO THE PARKS & RECREATION OFFICE, HARTWELL A POD, BALLFIELD ROAD, LINCOLN, MA 01773  
PLEASE MAKE CHECKS PAYABLE TO "TOWN OF LINCOLN"

