

Lincoln Board of Health
Meeting Minutes
Wednesday, April 24, 2019
Donaldson Room, Town Offices

Members Present: Frederick Mansfield, MD
Steven Kanner, MD
Patricia Miller

Others Present: Stan Sosnicki, Asst. Public Health Director and Elaine Carroll, Adm. Assistant

The meeting was called to order at 7:30 p.m. The next scheduled meetings will be on May 15, 2019 in the Donaldson Room. Steven Kanner made a motion to approve the minutes from the March 13, 2019 meeting as written. Patricia Miller seconded the motion. The vote to approve was unanimous.

Septic Reviews:

168 Bedford Road – Steve Sears of David E. Ross Associates came before the members to request 4 local upgrades from the Board of Health regulations as follows:

- (1) 15.221(7) Allows a maximum of 3' cover over the tanks. 4.6' of cover is proposed.**
- (2) 15.104 Requires at least one percolation test in the system area. A sieve analysis may be performed if a test cannot be performed as determined by the Board of Health.**
- (3) 310 CMR 15.227 to allow the tank piping to be less than 12" above high ground water. A 4" separation is proposed.**
- (4) LBHR 1.06 requires the system size to be increased by 50% to accommodate a garbage disposal. The system is not designed to accommodate a garbage disposal.**

Mr. Sears said the owner is preparing to sell this property and the system failed Title 5. This is a three-bedroom house. The cesspool, which is within the 100' buffer zone, will be filled in. All of the systems will now be outside the 100' buffer zone. If it is too wet to perform perc tests, the contractor can do sieve tests and send them to the State lab for analysis to determine the best location for the system. Because of the high water table the house is on a slab, which means that the pipes cannot be moved. This will be a 2 compartment monolithic tank, which will be below water level and will stay down even if empty. There will be no garbage grinder and the owner is willing to sign a deed restriction. Steven Kanner made a motion to approve the local upgrades provided that the owner agrees to sign a deed restriction for no garbage grinder. Patricia Miller seconded the motion. The vote to approve was unanimous.

9-11 Lewis Street – Since Daniel Johnson, Domestic Septic Design was not present, Stan Sosnicki presented to the members the request for 3 local upgrades from the Board of Health regulations as follows:

- (1) 310 CMR 15.211 to allow the soil absorption system to be less than 20' away from a crawl space foundation. A 6' separation is proposed.**
- (2) 310 CMR 15.211(7) to allow more than 36" of cover over the soil absorption system. 42" of cover is proposed.**
- (3) LBHR 1.06 requires the system size to be increased by 50% to accommodate a garbage disposal. The system is not designed to accommodate a garbage disposal.**

Stan said this is a commercial property. They are turning a two-bedroom house into commercial property with offices. There is a cesspool now, which will be filled in. There is a pipe under a slab that cannot be raised. This is a stone and pipe system so it can be driven over because there is nothing that can be crushed. They do not have many options because they cannot move the pipe. The owner is willing to sign a deed restriction for no garbage grinder. Steven Kanner made a motion to approve the local upgrades provided that the owner agrees to sign a deed restriction for no garbage grinder. Patricia Miller seconded the motion. The vote to approve was unanimous.

Discussions:

Town Nurse – Patricia McGean came before the members to update them about what she has been doing as the new town nurse. Trish said she has been doing nursing for 23 years and being the town nurse has been easy and comfortable and is going well. She is also the public nurse for Carlisle and Concord as well and each town is different in terms of her duties. With Lincoln she works mostly with senior and the COA. Carlisle wants her in schools doing education. Concord wants her to be involved with MRC emergency planning and also Concord Camp inspections. Trish said there was a woman from Guatemala in Lincoln who had TB. She was under quarantine but is no longer under quarantine. She said that 85 residents received flu vaccines at 2 flu clinics. She is hoping that next year she will be able to get the high dose vaccine for over 60 for Lincoln and the other towns. She said the vaccine is more expensive and some insurance companies will not pay for it. She gets notifications of people who may need her assistance from the fire, police and CO. The police and fire are called to people’s homes because of a fall. She knows that there are other people in Town that could use her help and would like expand to younger people. The last 4 months there have been no communicable diseases to report. She is going to give a talk in July at the COA regarding tick-borne illnesses. In 2017 there were 33 cases in Lincoln and in 2018 there were 20 cases. There have been no reported cases this year. She is also seeing people at Lincoln Woods once a month. She will work on putting information on the website about various topics.

There is a huge vaping epidemic. The kids use it in school when the teachers back is turned and by the time the teacher looks back the smoke is gone and it only leaves a lemony/sweet smell. They can buy it on line for next to nothing. The parents do not know they are doing it at home but should be aware if the bedroom starts to smell of lemon or bubble gum. There needs to be more education for the kids and parents and better training instead of just detention for some. The younger kids think that it is cool and that they are only getting water vapor. The kids do not know how bad it is for them. They can get something called popcorn lungs from the delivery system.

Dr. Kanner asked her if she knew who is responsible for monitoring immunizations. The school and camp needs to receive letters of immunizations but not sure if anyone is keeping a record of it. Also are there religious objections for not getting immunized and who oversees those. There has been one case of measles in Mass. and one case of mumps in NH. No one knows where people’s immunization records are from years ago. Dr. Kanner wanted to know if the records are being kept in the schools and do they really follow through to be sure that they get immunization records for all students. Stan said the school nurse is audited by the State. Trish will check with the school nurses and ask one of them to come in to see the board at a future meeting to answer some of these questions. Trish will reach out to the school nurse and get back to the Board.

Update on Leaf Blower Bylaw – It appears that the bylaw on leaf blowing passed by a very narrow margin – as little as 6 votes. There is talk that there may be a citizen’s petition at the next Town meeting to revoke the bylaw.

Other Business:

Bills Paid – Emerson Hospital Home Care - \$1,085 for Feb. 2019 (Town nurse); East Middlesex Mosquito Control Project - \$2,575 for 4th quarter; Eliot Community Human Services - \$1,250 (3rd Quarter); Minute-Man Printing Corp. - \$86.70 (health inspection 2-part forms)

There being no further business, Steven Kanner made a motion to adjourn the meeting. Patricia Miller seconded the motion. The vote to approve was unanimous. The meeting was adjourned at 8:55 p.m.

Submitted by Elaine M. Carroll